

OSLOMET

AIVC – SINTEF Community – OsloMet
Workshop 'Urban Home Ventilation' | 19th May 2020
Part 3: Moisture Control

Moisture buffering in modern timber constructions

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OSLO METROPOLITAN UNIVERSITY
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Norway: a country with long tradition in timber



Photo: Dagfinn Rasmussen, Riksantikvaren



Photo: Own archive



Photo: Own archive

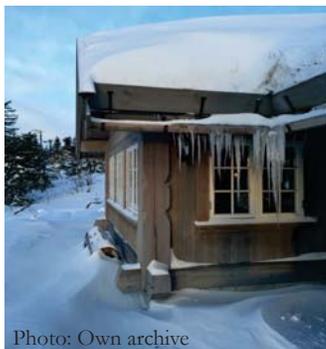
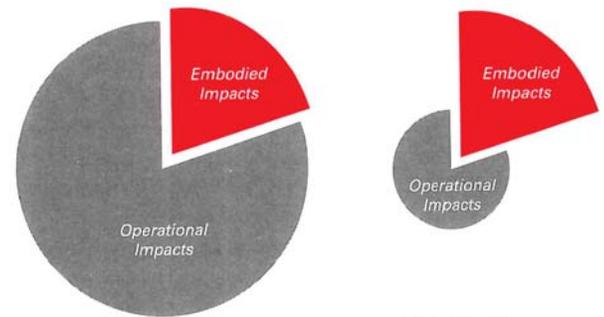
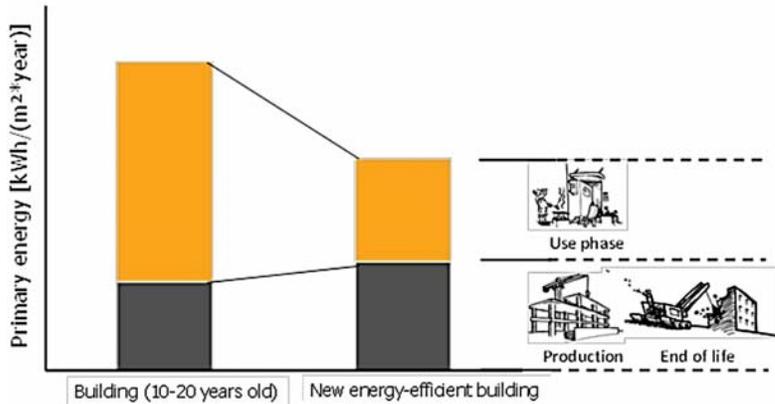


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Increased interest in use of engineered timber products

- Tradition is not the only reason
- Norway – Strict national framework for energy use in buildings → dramatic reduction of energy use for heating since 1990 (-69%) (NEA, 2018)
- Ensure high indoor environmental quality (IEQ)
- Efforts to decrease the carbon footprint from building materials

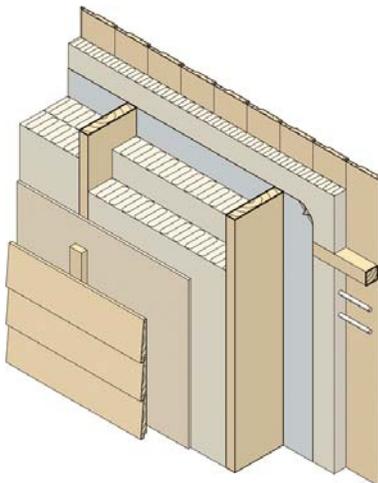


TYPICAL BUILDING

LOW ENERGY USE BUILDING

Kathrina Simonen, Life Cycle Assessment

Typical light timber construction



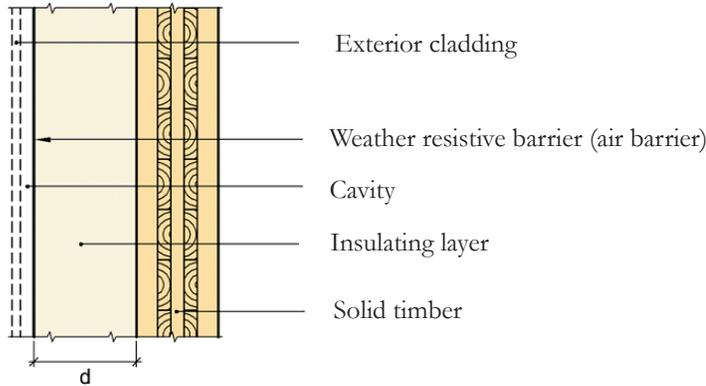
SINTEF Community, Byggforskserien



- Interior wooden cladding (softwood)
- Thin wooden boards, 12 – 14 mm
- Almost always painted

Typical light timber construction

© SINTEF Byggforsk



SINTEF Community, Byggforskserien



- Solid timber, exposed or covered by gypsum boards
- Thick wooden elements, 60 – 140 mm
- When exposed, treated with diffusion-open Osmo_ooil

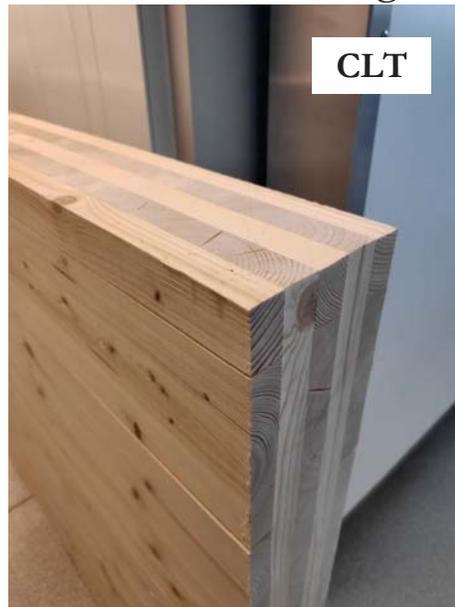
Modern timber constructions

Cross Laminated Timber (CLT)

Leading the 'woodification' of building industry



Asplan Viak, 'The new Tøyen Swimming Hall'

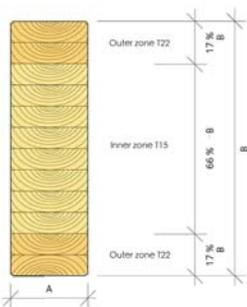


CLT



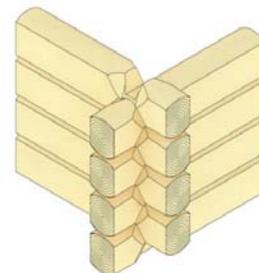
Log

Laftekompaniet AS



Glulam

Glulam from Swedish wood

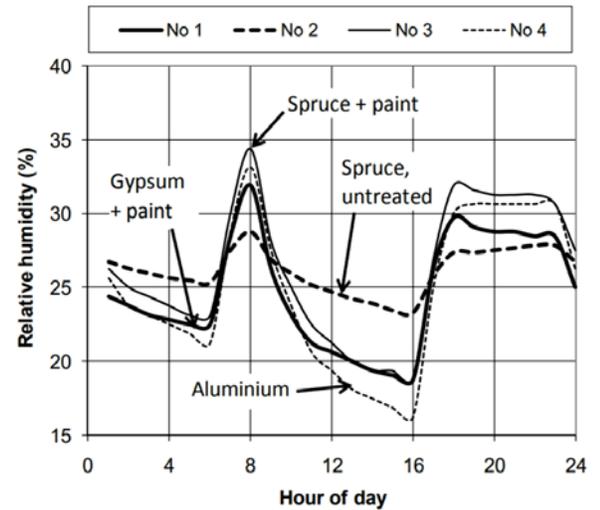


SINTEF Community, Byggforskserien

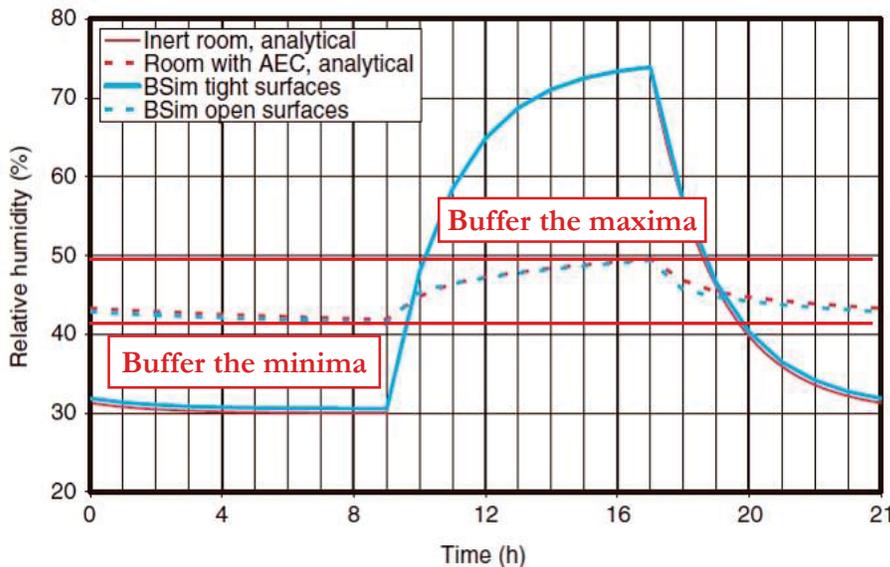
Photo: Own archive

Controlling the RH indoors

- DCV - Moisture control, e.g. max at 50%
- Humidification / Dehumidification
- Adjusting respectively the air temperature indoors
- **Moisture buffering** in hygroscopic surfaces indoors, building materials, furnitures etc.



Moisture buffering – What is it?



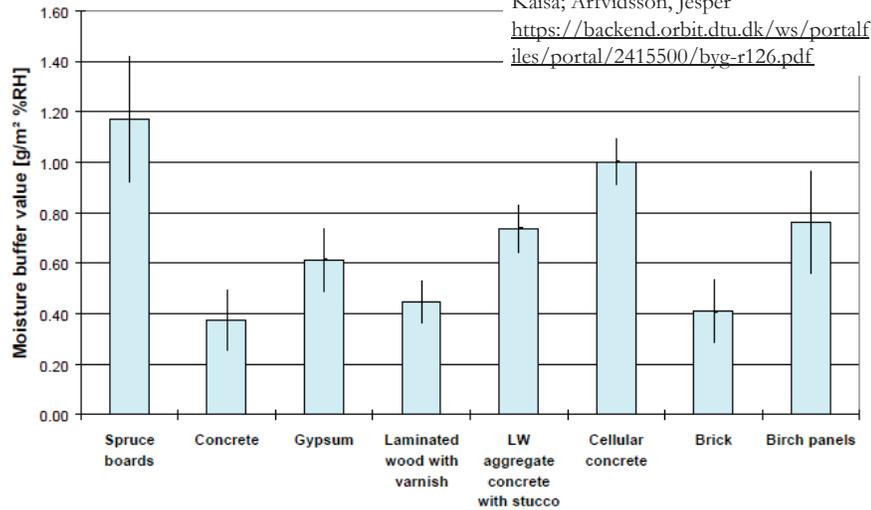
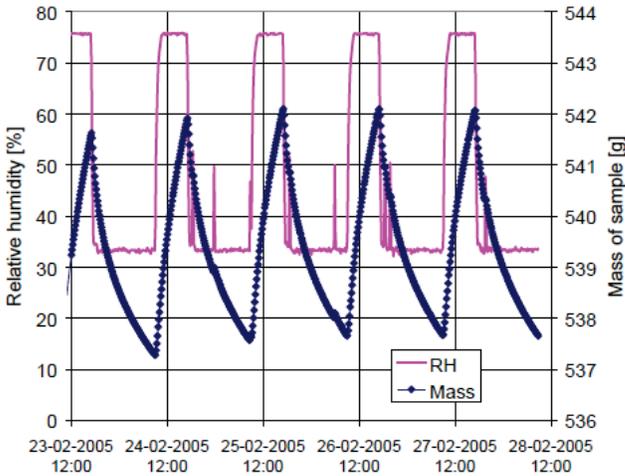
NordTest project

- Technical University of Denmark (DTU)
- Norwegian Building Research Institute (earlier NBI, nowadays SINTEF Community);
- Technical Research Centre of Finland (VTT);
- Lund University, Sweden (LTH);

Moisture buffering of building materials,
Rode, Carsten; Peuhkuri, Ruut Hannele;
Mortensen, Lone Hedegaard; Hansen, Kurt
Kielsgaard; Time, Berit; Gustavsen, Arild;
Ojanen, Tuomo; Ahonen, Jarkko; Svennberg,
Kaisa; Arfvidsson, Jesper
<https://backend.orbit.dtu.dk/ws/portalfiles/portal/2415500/byg-r126.pdf>

Moisture Buffer Value (MBV)

Moisture buffering of building materials, Rode, Carsten; Peuhkuri, Ruut Hannele; Mortensen, Lone Hedegaard; Hansen, Kurt Kielsgaard; Tíme, Berit; Gustavsen, Arild; Ojanen, Tuomo; Ahonen, Jarkko; Svennberg, Kaisa; Arfvidsson, Jesper
<https://backend.orbit.dtu.dk/ws/portalfiles/portal/2415500/byg-r126.pdf>



$$\text{Moisture Buffer Value: MBV} = \frac{\text{moisture uptake [g]}}{\text{change in RH [\%]} * \text{hygroscopic surface [m}^2\text{]}}$$

Internal humidity loads according to ISO 13788

$$v_i = v_e + \Delta v$$

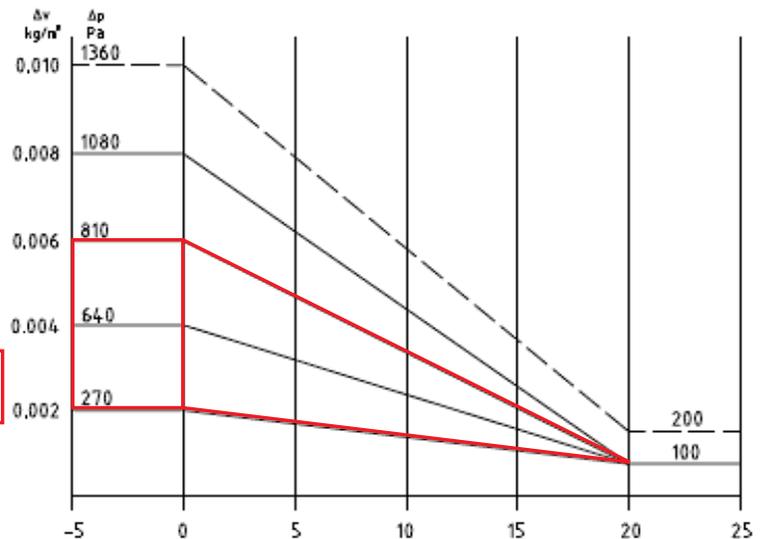
$$\Delta v = G/V'$$

G: moisture production indoors [g/h]

V': ventilation rate [m³/h]

Humidity class	Building
1	Unoccupied buildings, storage of dry goods
2	Offices, dwellings with normal occupancy and ventilation
3	Buildings with unknown occupancy
4	Sports halls, kitchens, canteens
5	Special buildings, e.g. laundry, brewery, swimming pool

$$\text{max } \Delta v = 4 \text{ or } 6 \text{ g/m}^3$$



Moisture sources indoors



Moisture buffering and ventilation strategies



Photo: inhabitat.com

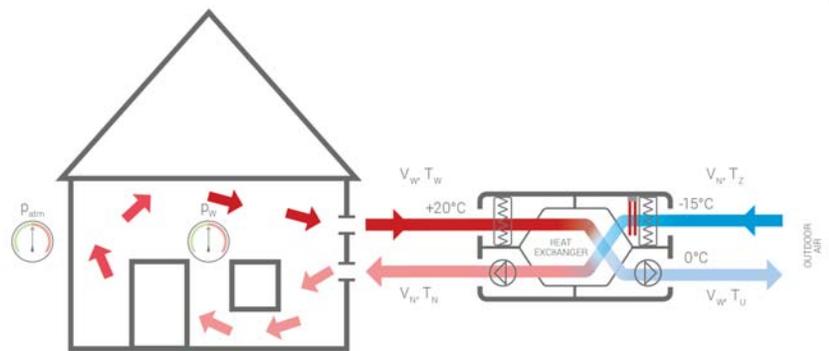


Photo: theslagreen.com

Case study 1/4 - Field



What's the behaviour of CLT under extreme moisture load?

Field test of moisture buffering capacity in CLT modules

BioKlim field, Ås, NMBU

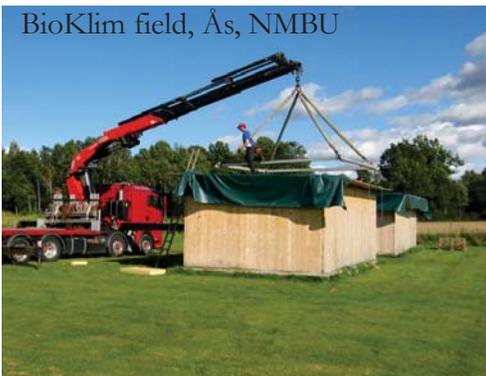
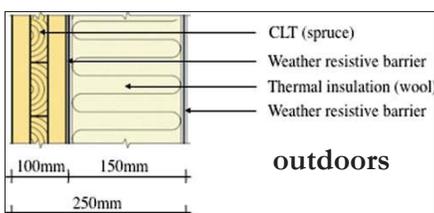


Photo: Tormod Aurlien, NMBU



WEEE project - Wood, Energy, Emissions, Experience

- Norwegian Institute of Wood Technology
- OsloMet (earlier HiOA)
- NMBU
- Norwegian Institute of Air Research

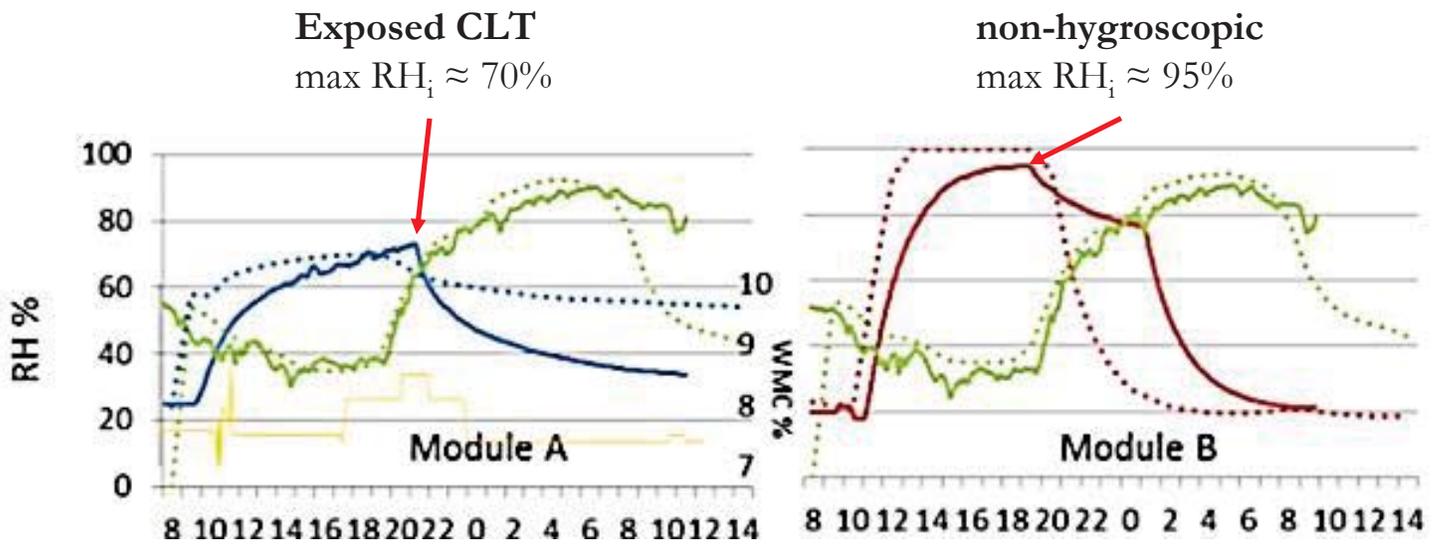
Test modules:

- Volume $V = 57 \text{ m}^3$
- Exhaust ventilation $V' = 0.5 \text{ ACH}$
- Moisture load $G = 0.62 \text{ kg/h}$ (in total 5.8 kg)
Very high load! ($\Delta v > 20 \text{ g/m}^3$)

Moisture buffering, energy potential, and volatile organic compound emissions of wood exposed to indoor environments

K. Nore, A.Q. Nyrud, D. Kraniotis, K.R. Skulberg, E. Englund, T. Aurlien
<https://www.tandfonline.com/doi/abs/10.1080/23744731.2017.1288503>

Field test of moisture buffering in CLT modules



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Case study 2/4 - Lab

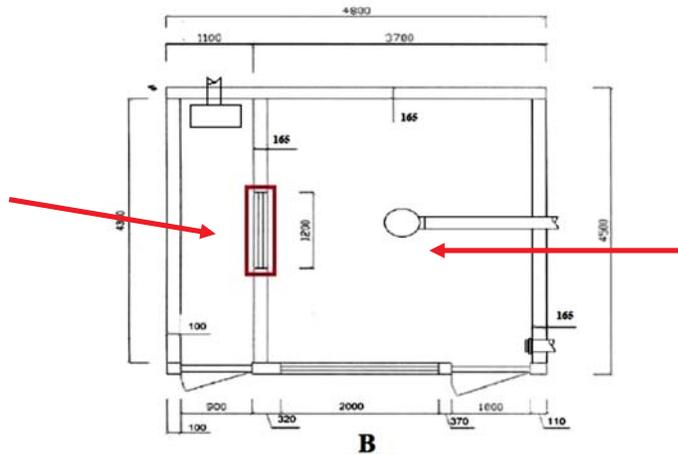


What is the moisture buffering performance of CLT under controlled operational conditions in the lab?

Moisture buffering capacity of a CLT element

- **Step 1:** determination of **MBV = 1.1 g/(%RH*m²)** – almost the same as reported in NordTest for wooden sample (softwood)
- **Step 2:** investigation of moisture buffering capacity under ‘operational conditions’
 - $V = 37 \text{ m}^3$ | $V' = 57.5 \text{ m}^3/\text{h}$ (= 1.55 ACH = 3.82 m³/h*m²)

‘outdoors’
 $\theta_e \approx -8.5 \text{ }^\circ\text{C}$
 $\text{RH}_e \approx 70\%$
 $v_e = 1.7 \text{ g/m}^3$



‘indoors’
 $\theta_e \approx 21.5 \text{ }^\circ\text{C}$
 $\text{RH}_{i,\text{initial}} \approx 20\%$
 $V_{i,\text{initial}} = 3.5 \text{ g/m}^3$

Moisture buffering capacity of a CLT element

Three different scenarios of moisture load:

1. Moisture load_{8h} = 268.75 g/h
 - **expected** increase of humidity indoors = 268.75/57.5 = **4.7 g/m³** (RH_i ≈ 45%)
 - **actual** increase of humidity indoors = **3.54 g/m³** (RH_i ≈ 40%)
 - corresponding ‘ventilative’ effect of moisture buffering = **18.4 m³/h (total: 75.9 m³/h)**
2. Moisture load_{8h} = 312.5 g/h
 - **expected** increase of humidity indoors = 312.5/57.5 = **5.4 g/m³** (RH_i ≈ 50%)
 - **actual** increase of humidity indoors = **3.7 g/m³** (RH_i ≈ 41%)
 - corresponding ‘ventilative’ effect of moisture buffering = **27 m³/h (total: 84.5 m³/h)**
3. Moisture load_{8h} = 343.75 g/h
 - **expected** increase of humidity indoors = 343.75/57.5 = **6 g/m³** (RH_i ≈ 60%)
 - **actual** increase of humidity indoors = **3.8 g/m³** (RH_i ≈ 45%)
 - corresponding ‘ventilative’ effect of moisture buffering = **33 m³/h (total: 90.5 m³/h)**

Case study 3/4 - Field



What is the moisture buffering performance of CLT under fully operational conditions in-situ?

Ulsholtveien 31, housing units in exposed CLT



Photo: Are Carlsen
Design: Haugen/Zohar Arkitekter (HZA)

**Norwegian Architecture Prize 2017
Wooden project of the year 2017**



Ulsholtveien 31, housing units in exposed CLT

Photo: own archive

- Floor area of the tested apartment, $A = 56 \text{ m}^2$
- Volume, $V = 148 \text{ m}^3$
- Decentralised ventilation, $V' = 38 \text{ m}^3/\text{h}$, in each of the three rooms (2 units in the kitchen/living room (34.4 m^2) and 1 unit in each of the two bedrooms (7.3 m^2 and 9.7 m^2))
- Exhaust ventilation in the bathroom, $V' = 50 \text{ m}^3/\text{h}$ when $\text{RH}_{i,\text{bath}} > 50\%$ or for 15 minutes every 2 hours



kitchen/living room

Photo: own archive

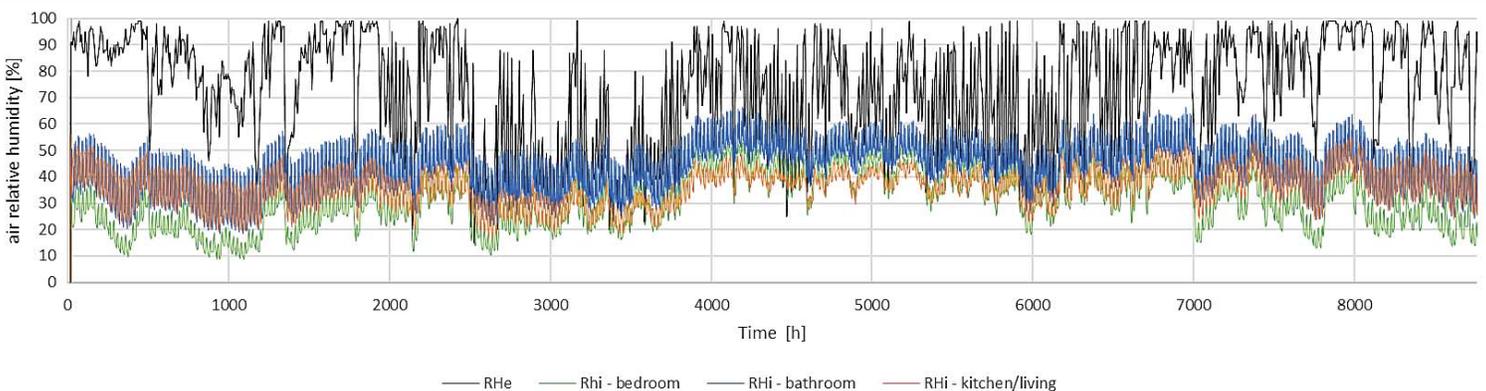


bathroom

Interior finishing: exposed CLT, treated with diffusion open Osmo oil

Interior finishing: cement board at the shower

Ulsholtveien 31, housing units in exposed CLT



Bedroom: $9\% < \text{RH}_i < 54\%$ (too high air temperature, i.e. $\theta_{i,\text{bed}} = 29 \text{ }^\circ\text{C}$)

Bathroom: $18\% < \text{RH}_i < 66\%$ | water content in wood $u = 8.1\% - 11.7\% < 15.4\%$

Kitchen/living room: $17\% < \text{RH}_i < 55\%$ | $[\text{CO}_2]$: usually below 1150 ppm, max = 1550 ppm

Case study 4/4 – Simulation



What is the RH indoors in case CLT is replaced by gypsum boards and tiles (bathroom)?

Numerical comparison between gypsum/tiles and CLT

	Bedroom CLT	Bedroom Gypsum board	Bathroom CLT + cement board	Bathroom Tiles	Kitchen/living room CLT	Kitchen/living room Gypsum board
RHi, min	9%	6% (-3%)	18%	9% (-9%)	17%	13% (-4%)
RHi, max	53%	58% (+5%)	66%	98% (+32%)	55%	63% (+8%)

Synopsis

- Under normal moisture loads, the **corresponding ventilation effect (maxima of RH)** of exposed wooden surfaces in residential buildings can be expected **between 20% and 35%** (lab investigation).
- In these conditions, the moisture content in CLT is **not critical for mould growth**, even when CLT exposed in bathrooms (affected by water vapour but not water) and being supported by low-level moisture control (field investigation).
- CLT manages contributes to keep **maxima of RH indoors within accepted limits**, i.e. < 60% (Category II) (field investigation).
- **Overheating** has **negative** consequences not only for the thermal environment but for **moisture buffering capacity (minima of RH indoors)** as well (field investigation).
- An equivalent apartment in **gypsum boards and tiles**, instead of CLT, would result to **both lower and higher values of RH indoors** (field investigation and simulation).

Thank you for your attention!

