

Airtightness of large buildings in Japan

current situation and a proposal for the future

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Introduction

MEIKEN LAMWOOD Corp. Head Office

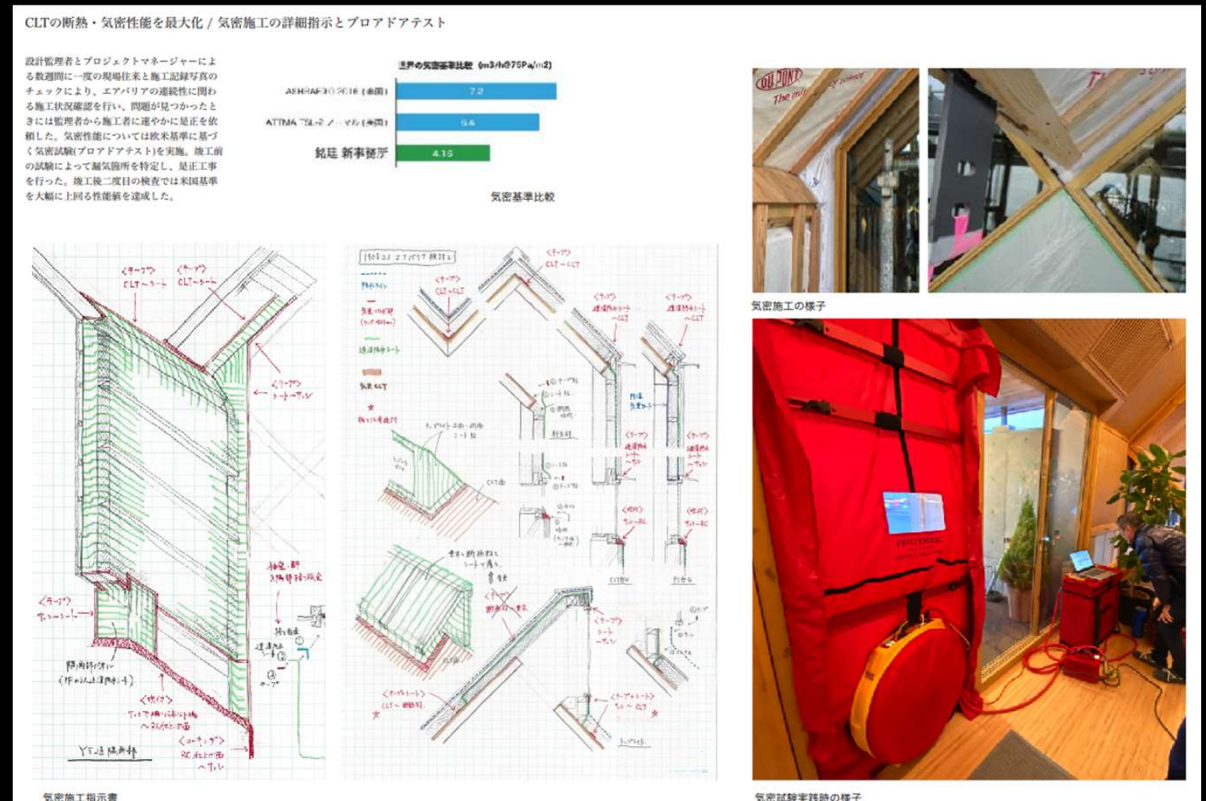
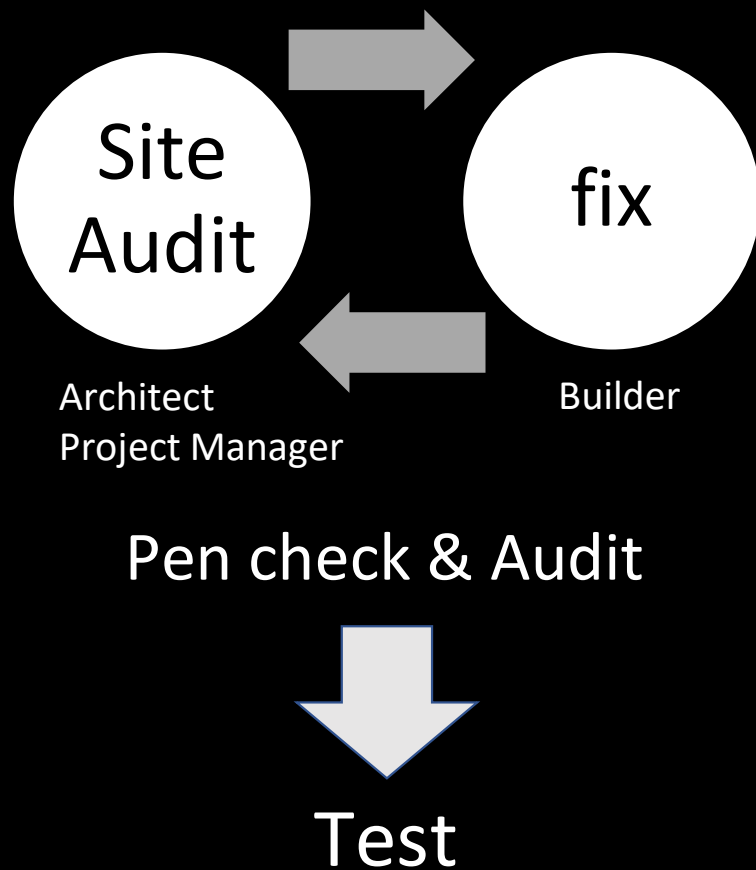
MEIKEN LAMWOOD Corp. Head Office
AIJ (Architectural Institute of Japan)
Annual Architectural Design Commendation 2022



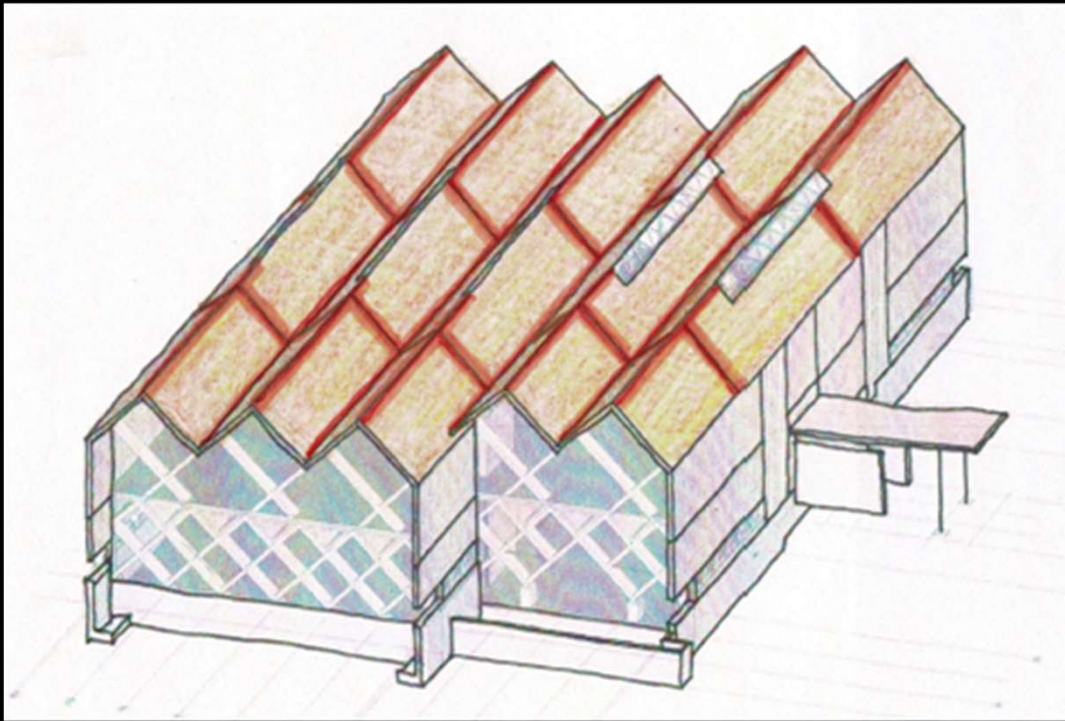
Reasons of the commendation

- Shows the company's core competency using CLT material abundantly.
- Deeply thought both in beauty and function
- Highly airtight and the way to achieve the level

The process might be future model



Our role



Continuous Air Barrier
main theme of Building Commissioning

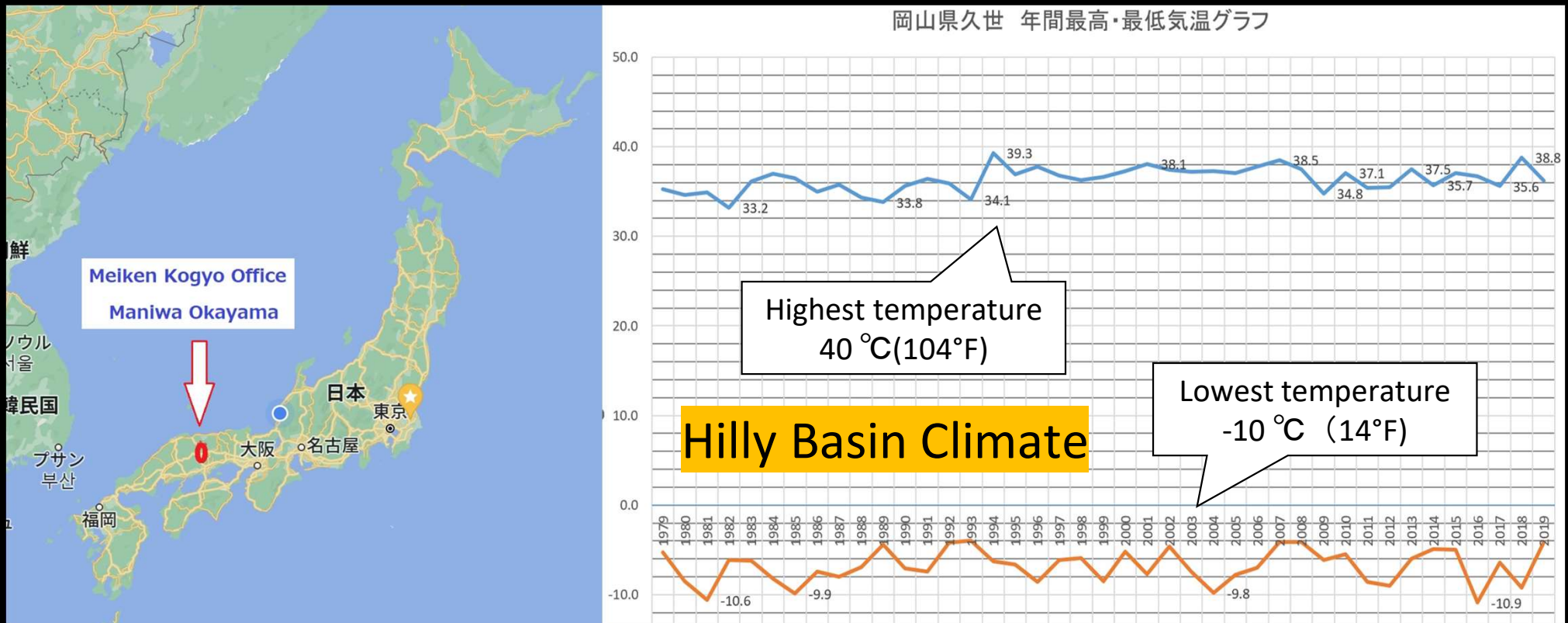


Blower Door Test, twice

Location and compartments

Meiken Lamwood Corporation Head Office

Location and climate



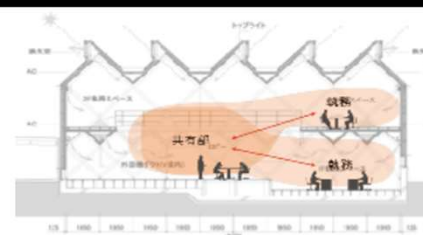
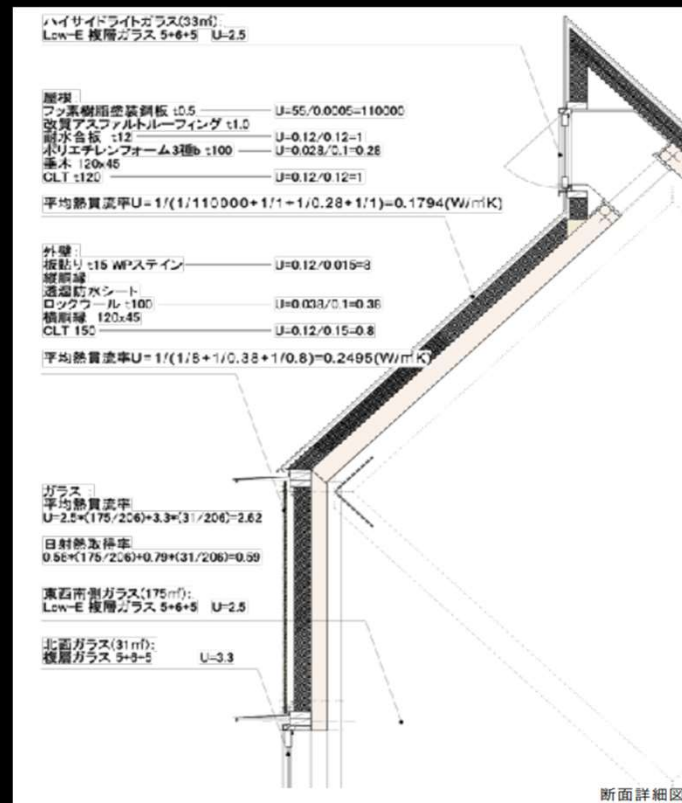
Basic information



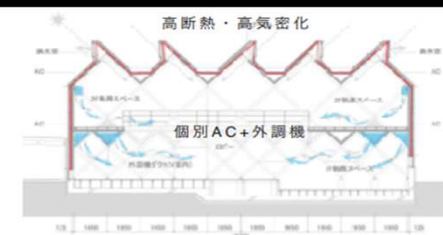
- 2-story building forming one large space
- Total floor area: 1,000 m²
- Enclosure area: 2,235 m²
- Volume: 5,428.4 m³ (roughly)

Specification: Roof, Wall, and Base

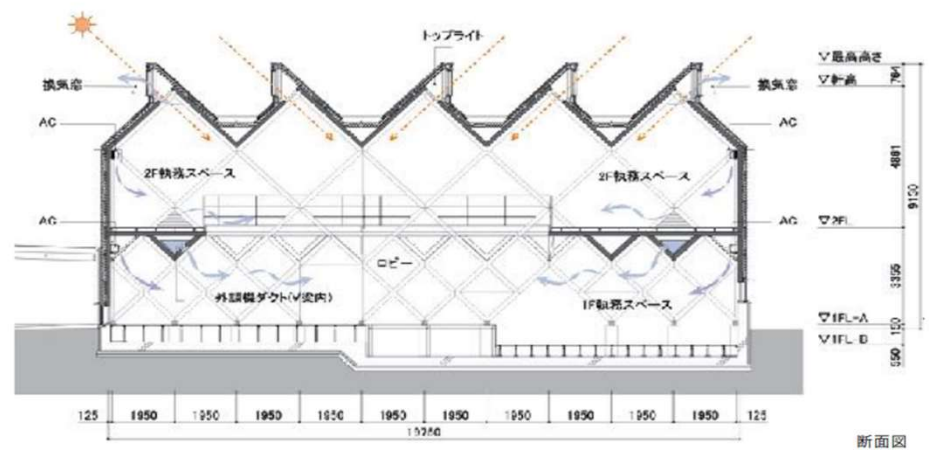
No word “Air Barrier” nor “Continuity”



レベル差を活かして吹き抜け回りに広がる一体空間



高断熱・高気密化・構造と一体化した設備システム



But air barrier materials were well arranged



Tyvek sheet is AB Product

Structure of exterior (vacant insulation)



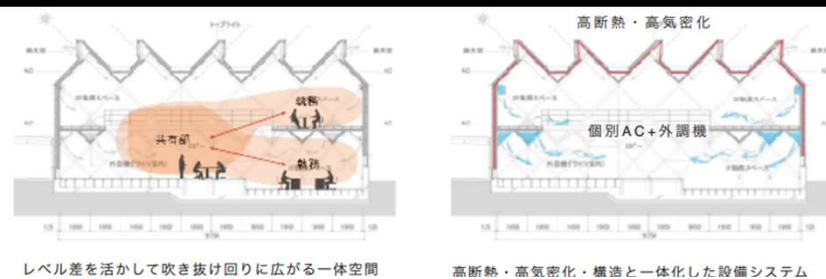
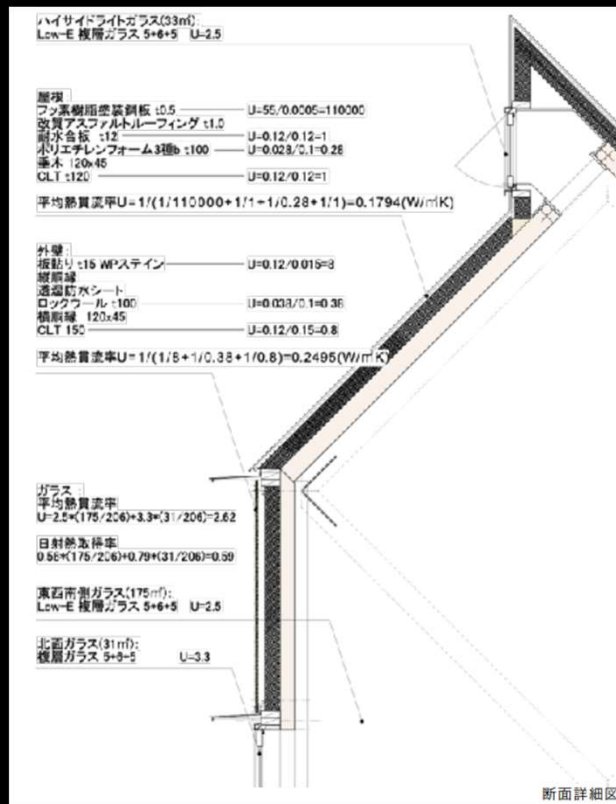
Process to improve air tightness

What was done in this project

Three checks for continuous air barrier

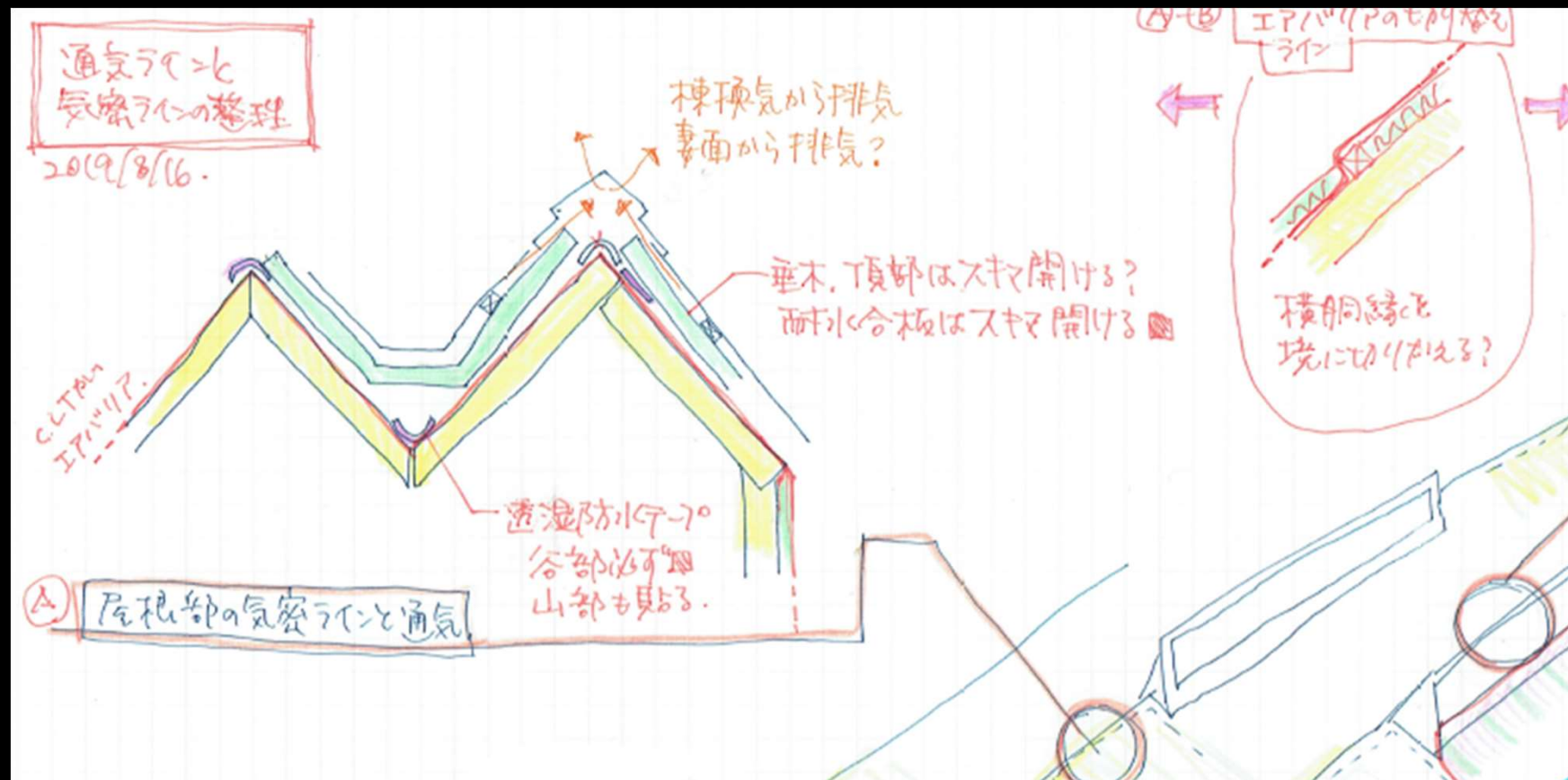
- ① 2019 May. : Air barrier materials were checked
- ② 2019 Aug. : Pen check started
- ③ 2019 Oct. : Intermediate inspection

① Material check (2019 May)

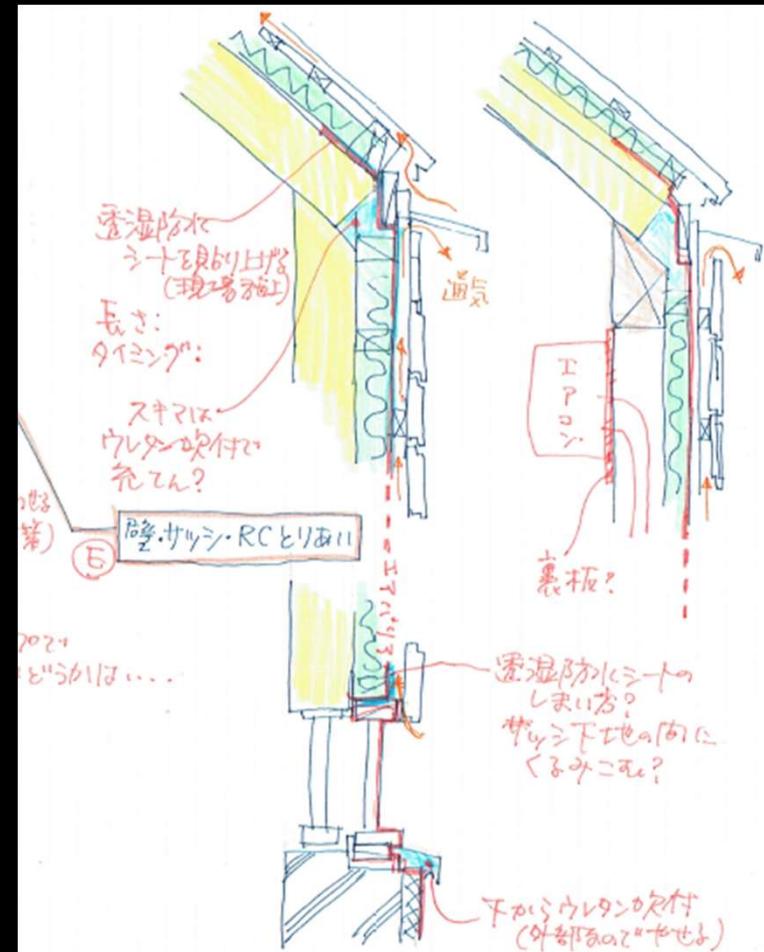
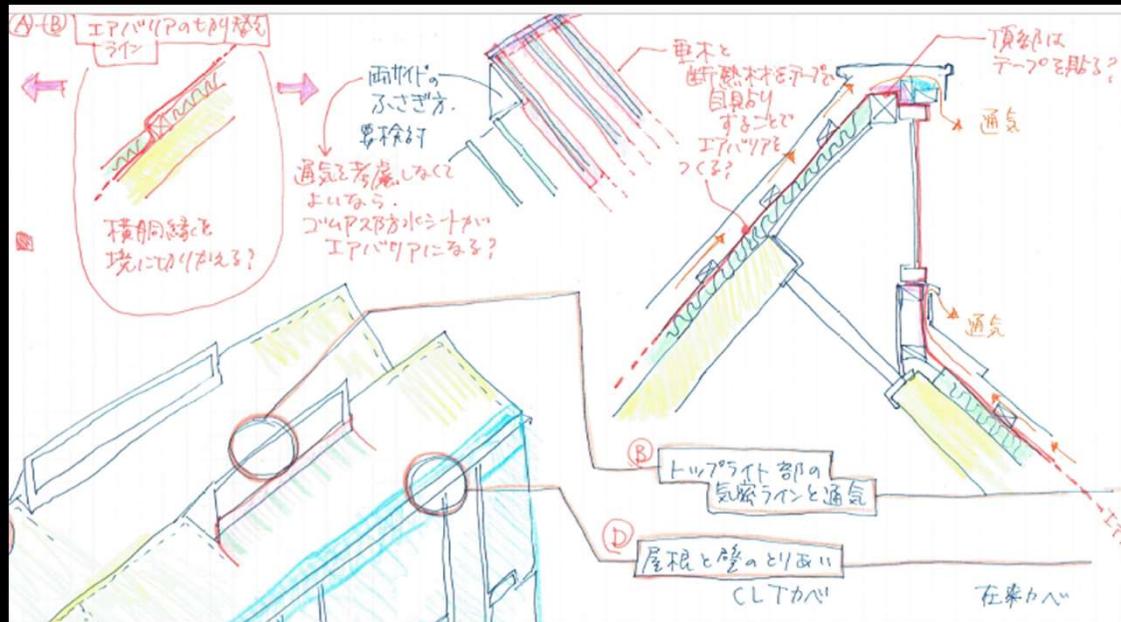


	Air Barrier Materials ,Products, and component
Roof	Modified bituminous roof membrane
	Tyvec Sheet
Wall	Tyvec Sheet
	Wooden doors & Windows
Base	Cast-in-place concrete

② Pen check (2019 Aug. ~) By Architect & Project Manager



②Pen check (2019 Aug.~)



③ Intermediate inspection (2019 Oct.)



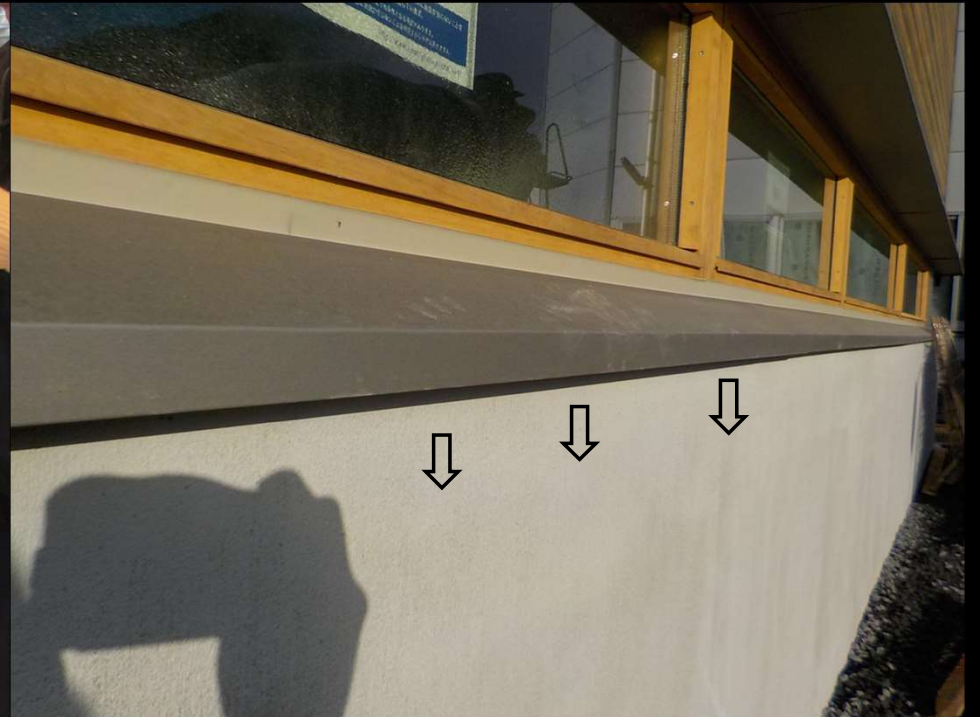
1st test (2019 Dec.)



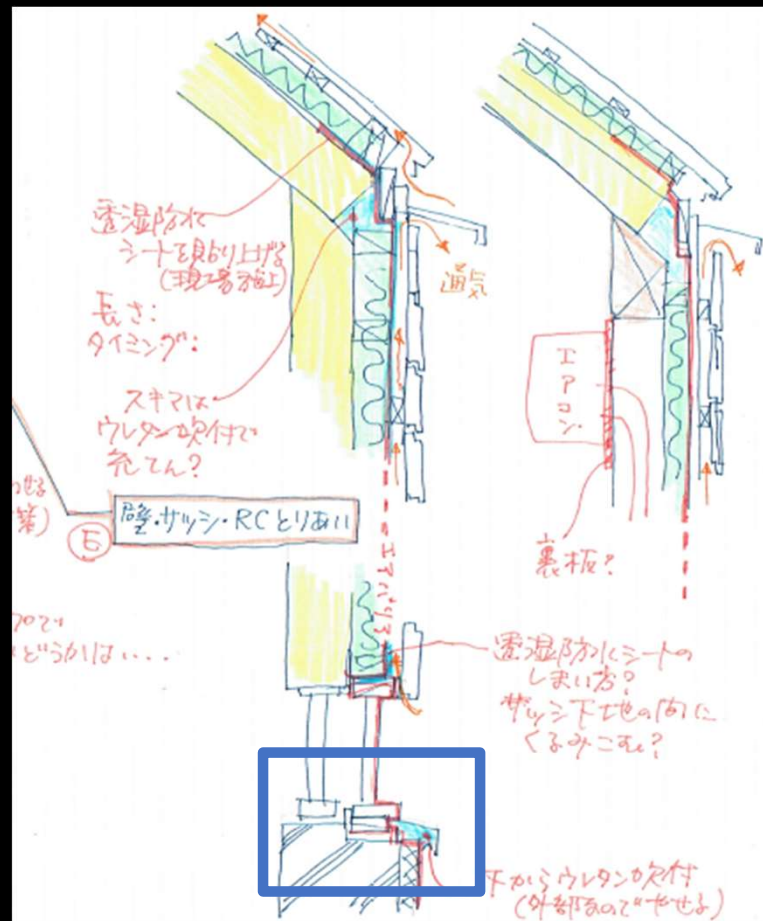
- Measured air tightness:
5.15 (m³/h@75Pa/m²)
- Goal : ASHRAE 90.1 requirement
7.2 (m³/h@75Pa/m²) or less

⇒PASS

Leakage was found



Leakage was found



Red lines are Air

There was discontinuity
Eyes and hands enable to reach
Another solution preferable

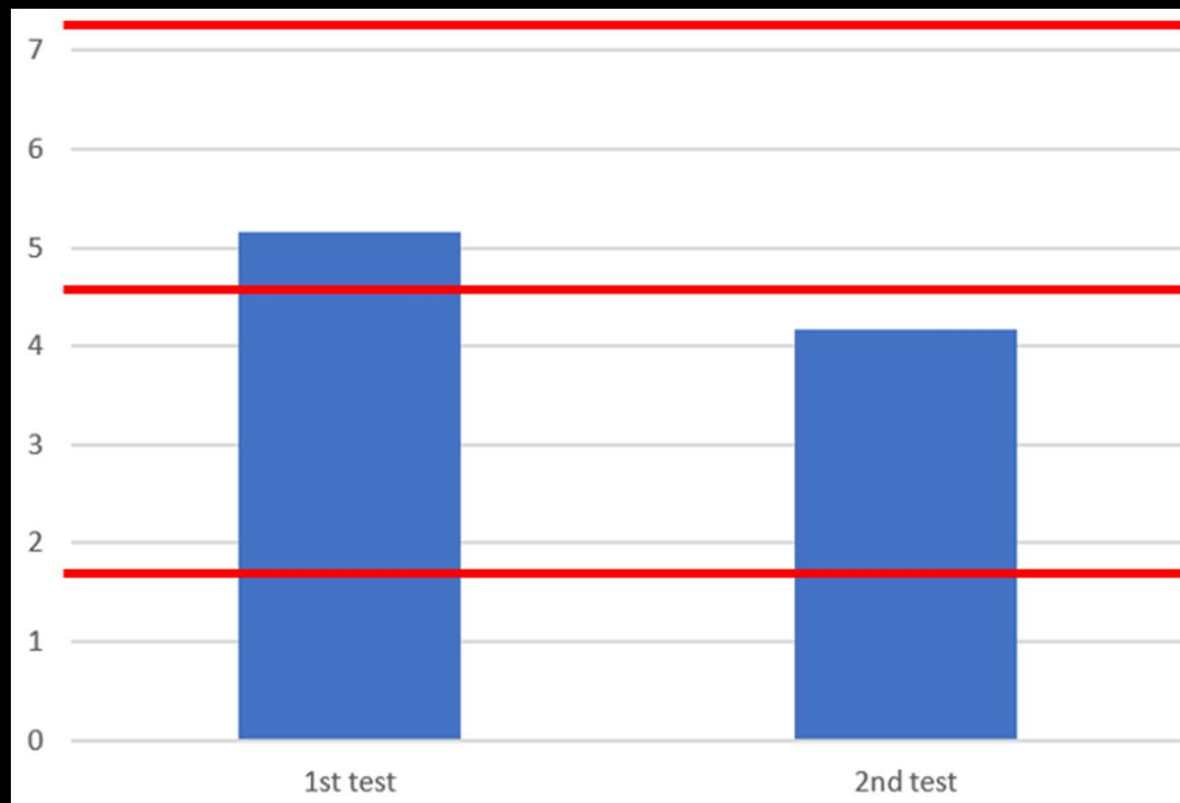
2nd test (2020 Feb.)



- 1st test:
5.15 (m³/h@75Pa/m²)
 - 2nd test:
4.16 (m³/h@75Pa/m²)
- ⇒ 19.2% improved

Result

Consideration: standards



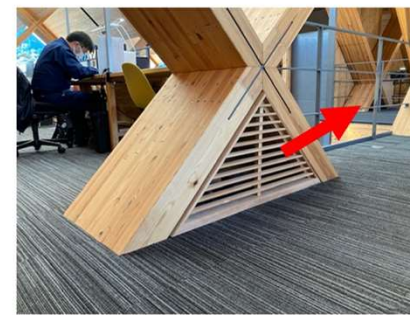
- ASHRAE 90.1:
 $7.2 \text{ m}^3/\text{h}/\text{m}^2 \text{ 75Pa}$
- USACE Protocol
 $4.572 \text{ m}^3/\text{h}/\text{m}^2 \text{ 75Pa}$
($0.25 \text{ CFM}/\text{ft}^2 \text{ 0.3in}$)
- Passive house
 $1.78 \text{ m}^3/\text{h}/\text{m}^2 \text{ 75Pa}$
(0.6 ACH50)

Meiken Lamwood report

本社事務所の空調

MK MEIKEN

外調機が活躍



温湿度調整のベースとなる外調機（外気調和機）は24時間稼働だが、全体に占める割合は年平均で20%。全体の電気利用量の削減に大きく貢献。



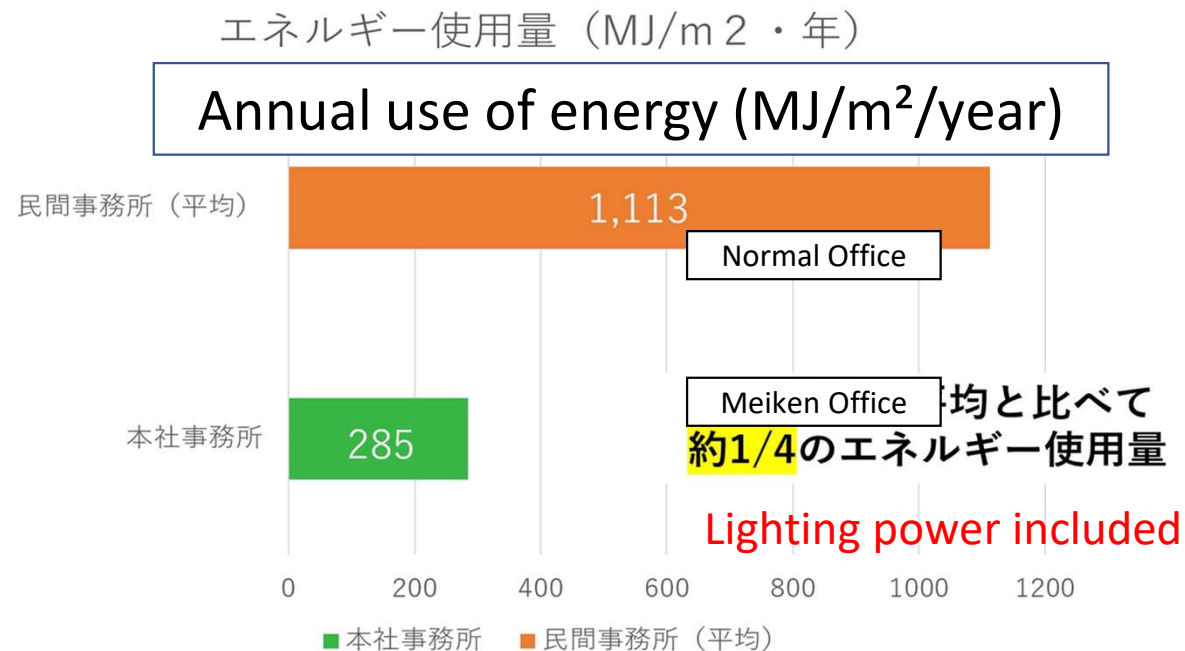
エアコンは必要時のみ利用

夏は2F、冬は1Fのエアコンを必要な時につけば全体が快適になる。

Meiken Lamwood report

社事務所のエネルギー使用量

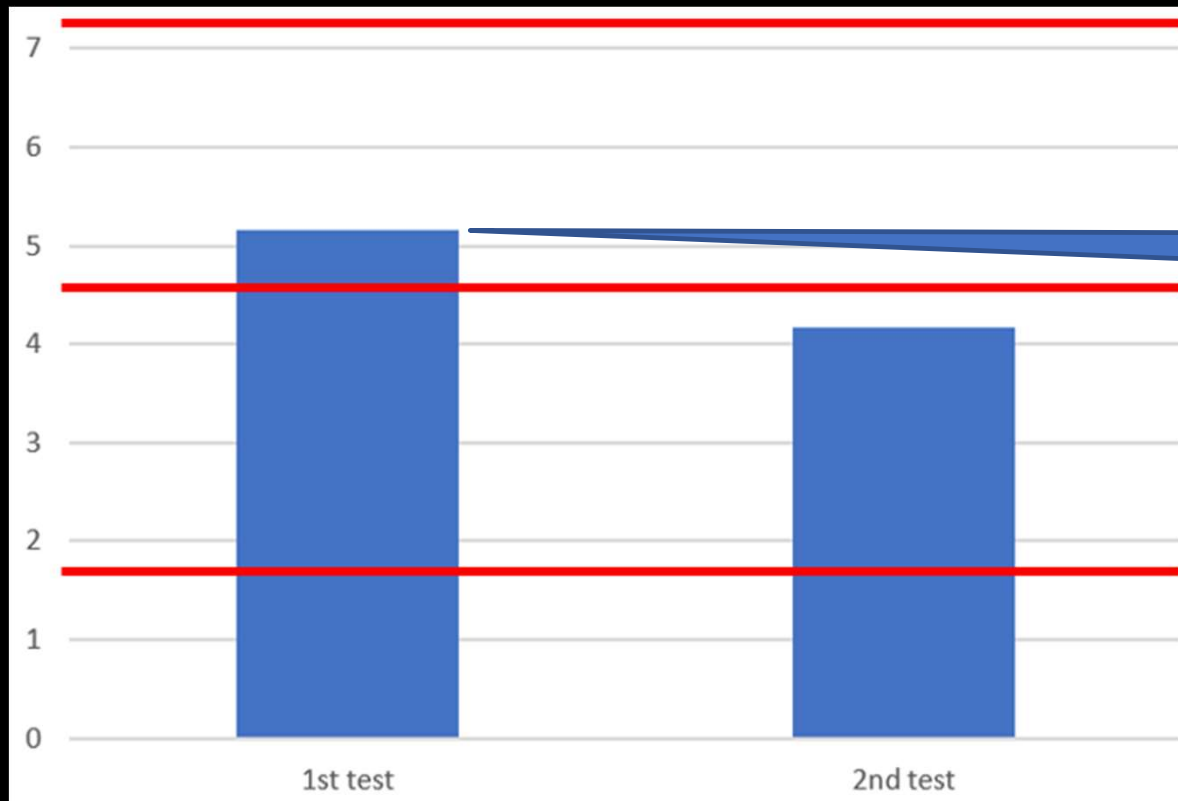
MEIKEN



(参照) 事務所 (民間用途) の単純平均: 1,113MJ/m²・年
(建築物エネルギー消費量調査報告、2022年6月)

Steps and improvement

Without pen-check



- ASHRAE 90.1:
7.2 m³/h/m²

Without additional sealant

- USACE Protocol
4.572m³/h/m² (0.25CFM/ft²)

Possible?

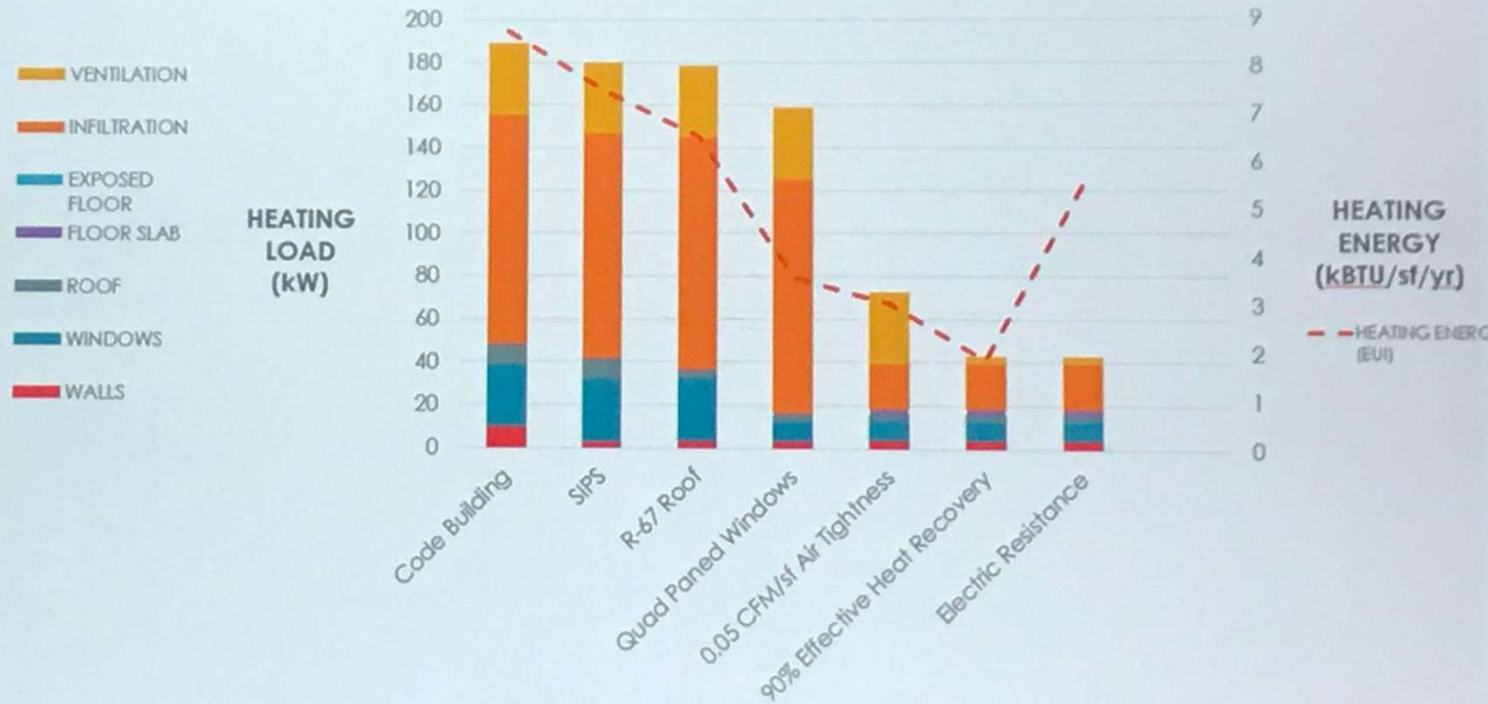
- Passivhaus
1.78m³/h/m² (0.6ACH50)

Consideration

Importance of airtightness / reducing heat load

REDUCING HEAT ENERGY

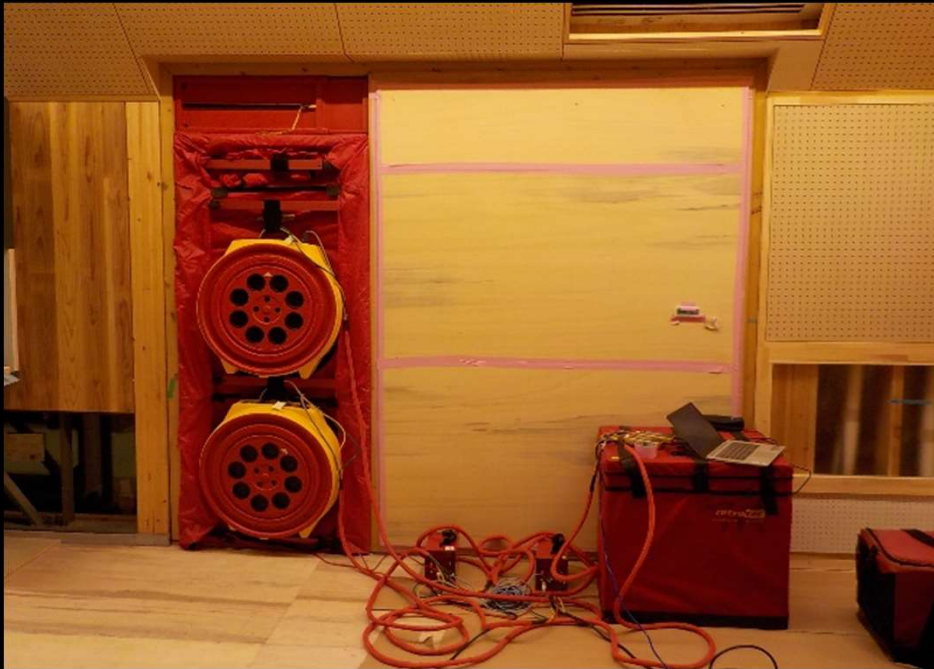
Heating Load



Greenbuild2017

By
Rocky Mountain Institute

Blower door test / Air tightness test in Japan



- Commercial buildings: hardly
- Residential buildings: possibly

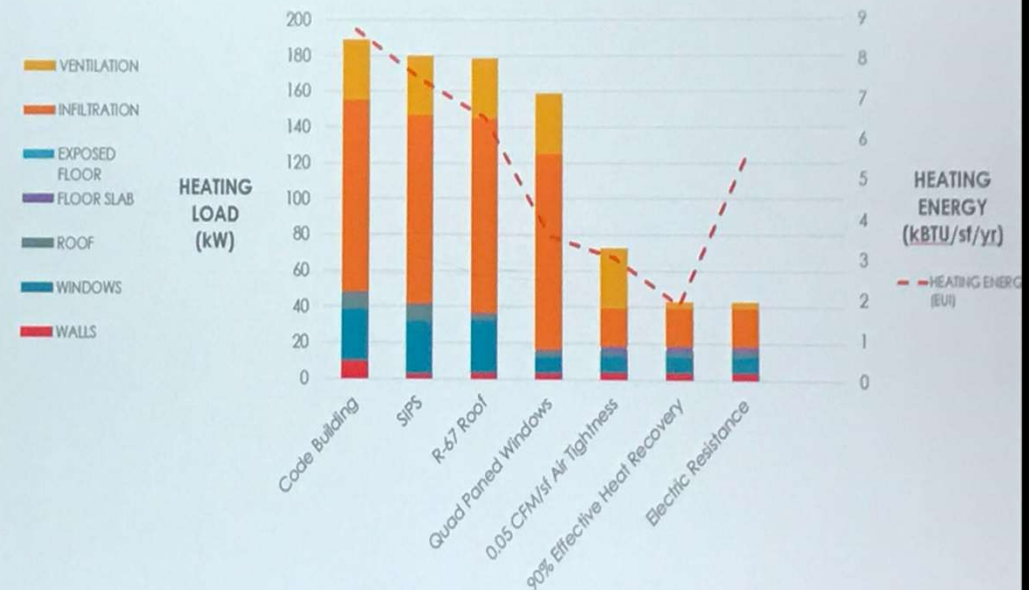
2 coincidences

On the way to build a zero energy building, among the approaches with latest technologies, **reducing air leakage which is old school, worked best.**

Greenbuild 2017 では、「建築単体」の日々の改良に関わる多様な取り組み事例が紹介された。最新技術を導入したグリーンビル事例では、ZEB 実現に最も大きな効果をもたらしたのは気密性の確保（すきまからの熱損失防止）というきわめて古典的な手法だったという報告があった。ロングライフビルに関しては、歴史様式建築の

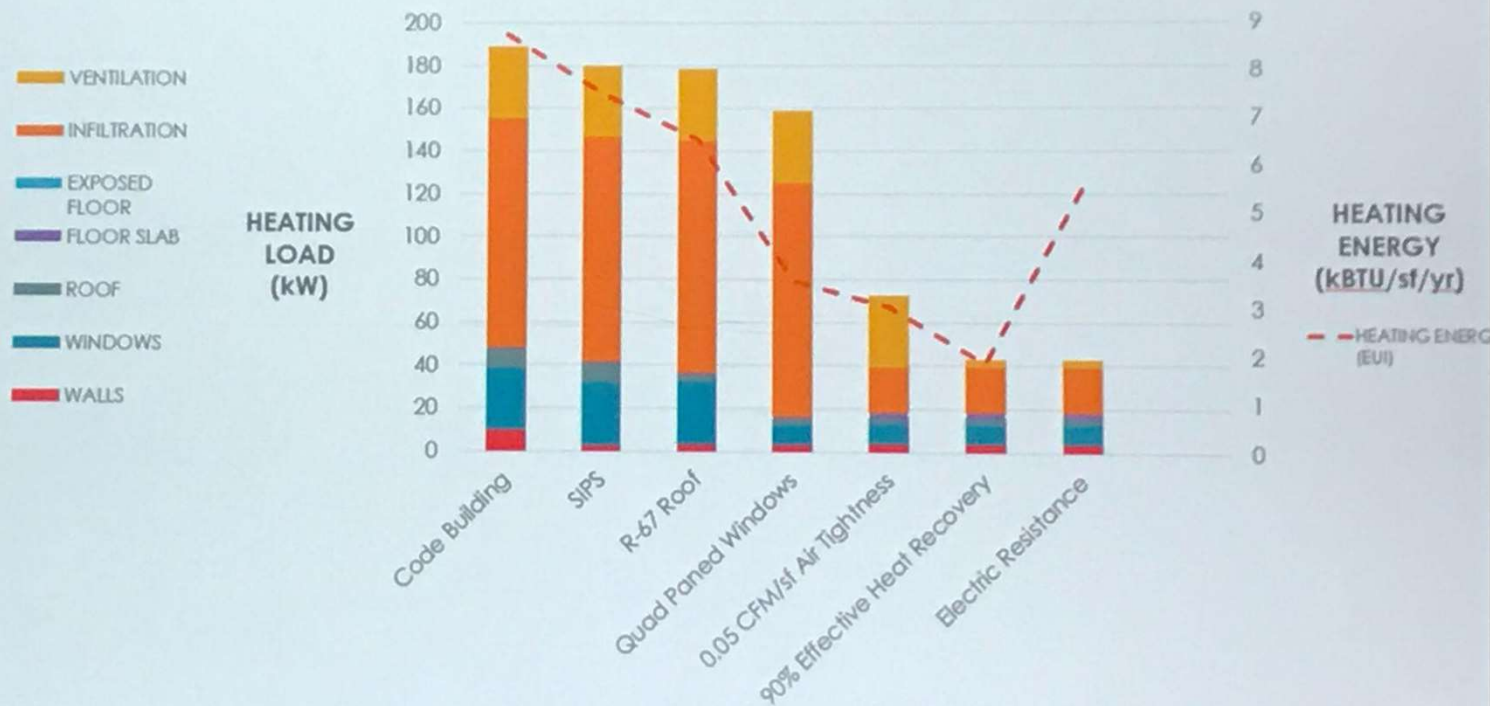
REDUCING HEAT ENERGY

Heating Load



REDUCING HEAT ENERGY

Heating Load



Greenbuild2017

By
Rocky Mountain Institute

Rocky Mountain Institute Innovation Center



Tim Griffith

RMI's new headquarters in Basalt, Colo.

It seems cold.

Rocky Mountain Institute Innovation Center

- Built in 2016
- Colorado
- LEED Platinum certified
- Passive House Certified
- PHIUS+ Source Net Zero Project and meets Architecture 2030 goals
- Very airtight (0.36 ACH)

36

Passive performance: Air tightness

Essential for both energy efficiency and comfort

The Innovation Center is one of the most airtight office buildings measured with **0.36 air changes per hour**, and is **97% more airtight** than the conventional commercial building.

Advanced materials combined with strict construction details avoided leakage and made the building's incredible air tightness possible.



ACH@50Pa

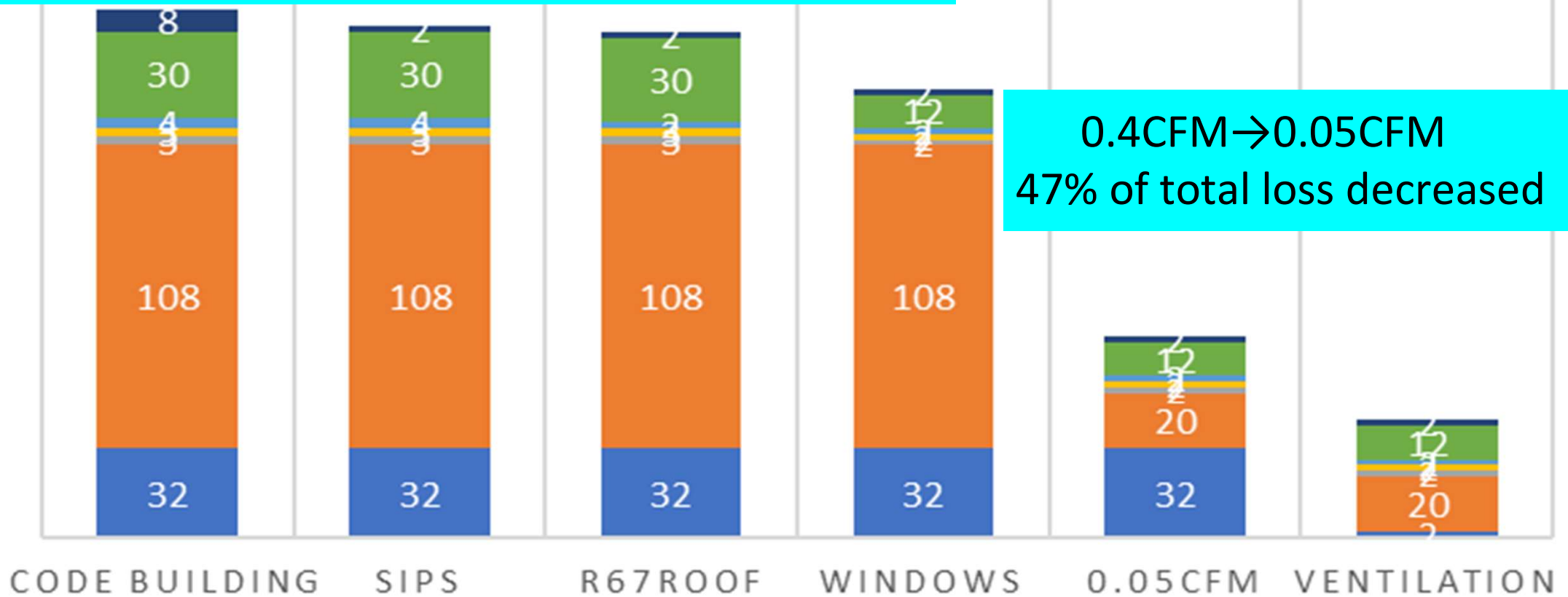
Building	ACH@50Pa
Innovation Center	0.36
Passive House Requirement	0.6
Army Corp of Engineers	1.3
IECC Requirement	3

Transforming global energy use to create a clean, prosperous, and secure low-carbon future.

RMI ZEB GREEN BUILD 2017

Ventilation Infiltration Exposed floor Floor Slabs Roof Windows Walls

Impact of air-leakage= 57% of Total (0.4CFM)



0.4CFM → 0.05CFM
47% of total loss decreased

Past experience

ALL Passed, but half failed Code requirement without pencheck

Building	Structure	No of Floor	Size m2	CMH/cm2 @75Pa	CFM @75Pa	Without Pen-Check
Meiken	W	2	1,000	4.16	0.231	Fail
Office	S	4	6,460	5.06	0.281	Fail
Office	S	4	2,392	4.46	0.248	Passed
Office	S	4	2,655	5.003	0.278	Passed
Office	S	4	2,567	5.00	0.278	Passed
Training Accomodation	S	3	2,000	3.21	0.178	Fail
Office	-	-	3,600	6.21	0.345	Fail
Church	RC	2	1,188		0.000	Passed

Value

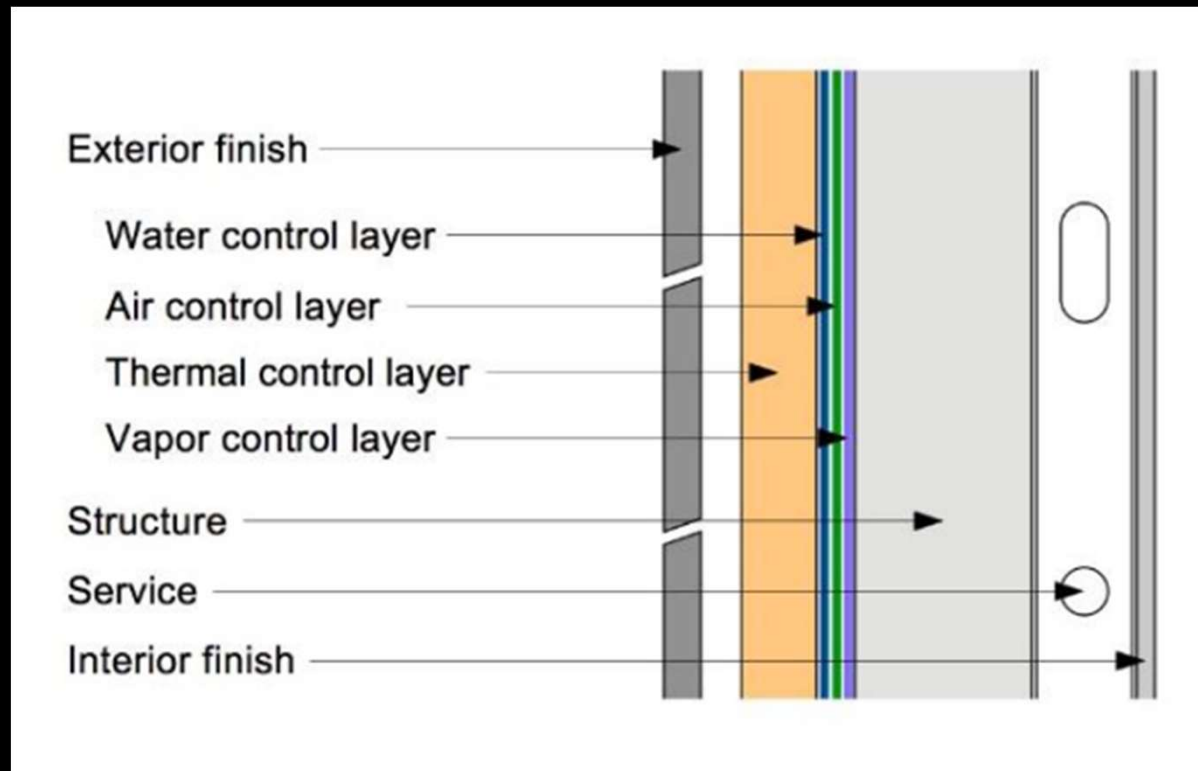
These passed USACE requirement, 0.25 cfm/sf 0.3 IW

Fail

These would not have passed ASHRAE requirement, but for Pen-check

Japanese engineers think BECx is difficult and special?

What is Building Enclosure?



- Water barrier
(water control layer)
- Air barrier
(air control layer)
- Vapor barrier
(vapor control layer)
- Thermal barrier
(thermal control layer)

BE is consist of 4 barriers, which have order
J. Lstiburek

Inportance	Barrier	Principle
1	Water	Gravity
2	Air	Contiuity
3	Vapor	Vapor Pressure
4	Thermal	Enough Amount

Order of occurrence

Beginning	Barrier	Age
1	Water	Ancient
2	Thermal	1930's
3	Sheet Polyethylene Air & Vapor	1950's
4	Air	1980's

Air barrier made BECx possible

Building Practice Note No. 54

The Difference Between a Vapour Barrier
and an Air Barrier

by R.L. Quirouette 1985

- ASHRAE 90.1

Building: $7.2 \text{ m}^3/\text{h}/\text{m}^2$ at 75Pa

Assembly: $0.72 \text{ m}^3/\text{h}/\text{m}^2$ at 75Pa

Material: $0.072 \text{ m}^3/\text{h}/\text{m}^2$ at 75Pa

BECx: Building Enclosure Commissioning

2005
ASHRAE Guideline 0, The Commissioning Process



2000
NIBS Guideline 3, Exterior Enclosure Commissioning



2001
ASTM E2813, Standard Practice for Building Enclosure Commissioning



2011
ASTM/NIBS Memorandum of Understanding on Building Enclosure Commissioning

2012
NIBS Guideline - 3, Building Enclosure Commissioning Process



2013
ASHRAE Standard 202, The Commissioning Process for Buildings and Systems (Joins ASHRAE GL-0)



2014
ASTM Standard Guide for Building Enclosure Commissioning (Replaces NIBS GL-3)



2015-Present
ASTM/NIBS BECx Certification and Training Program

By
Brian H. Neely
Senior Project

BY Brian H. Neely
Gale Associates

air barrier
abaa
association of
america

By Mr. Brian Neely Gale Associates

air barrier
abaa
association of

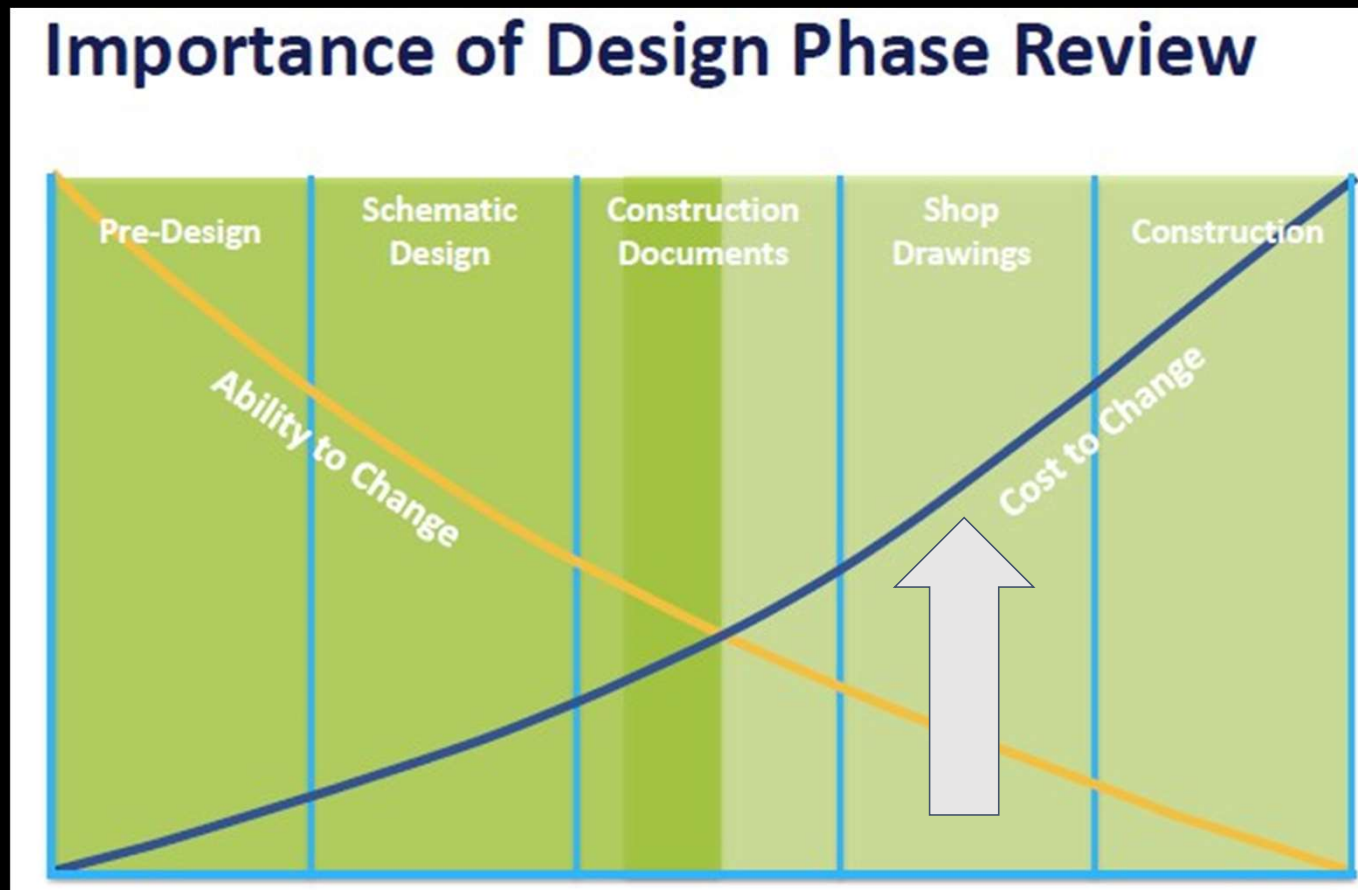
Points for improvement

Meiken Lamwood

Points to improve airtightness from BECx view

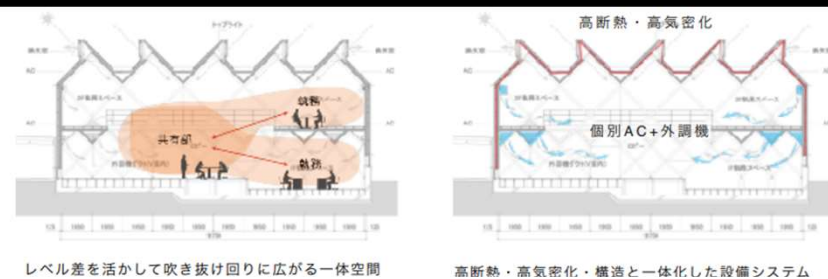
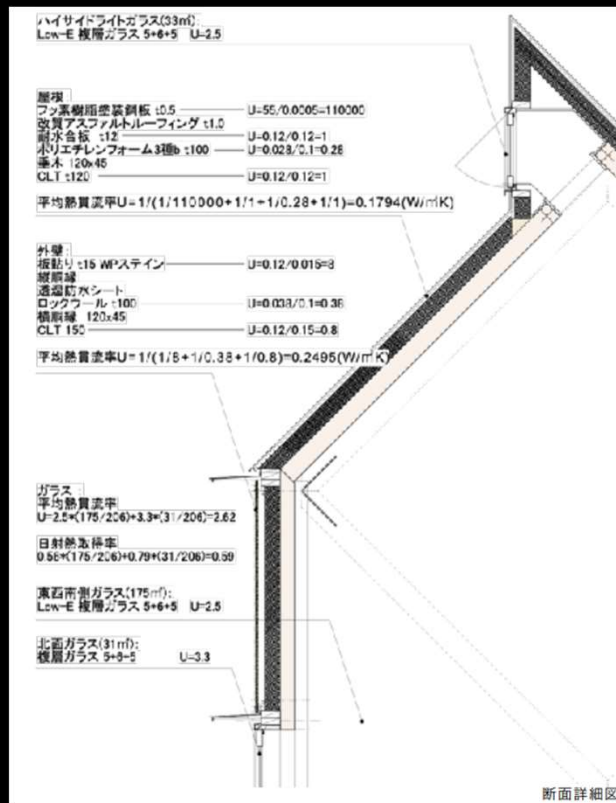
- ① Start earlier
- ② Recognize what and where Air Barrier is
- ③ Check if new material is air barrier
- ④ Air barrier Plan at schematic design

① Start earlier



By Mr. Brian Neely

② Recognize Air Barrier



Air Barrier Material & Product

Roof

Modified bituminous roof membrane

Tyvec Sheet

Wall

Tyvec Sheet

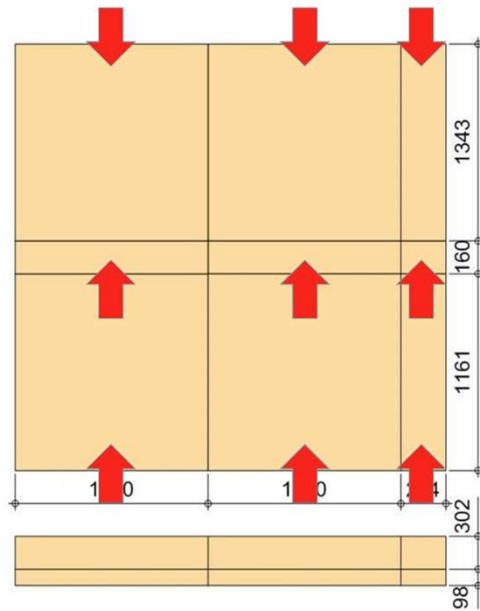
Wooden doors & Windows

Base

Cast-in-place concrete

③ Check if new material is air barrier

Test sections



- CLT is NOT air barrier material, while plywood is.
- Test has to be done
- ASHRAE 90.1 requirement
Material
 $0.072 \text{ m}^3/\text{h}/\text{m}^2 \text{ at } 75\text{Pa}$

Upper Air Leakage



Air leaks from CLT itself

Moisture content greatly affect air leakage

④

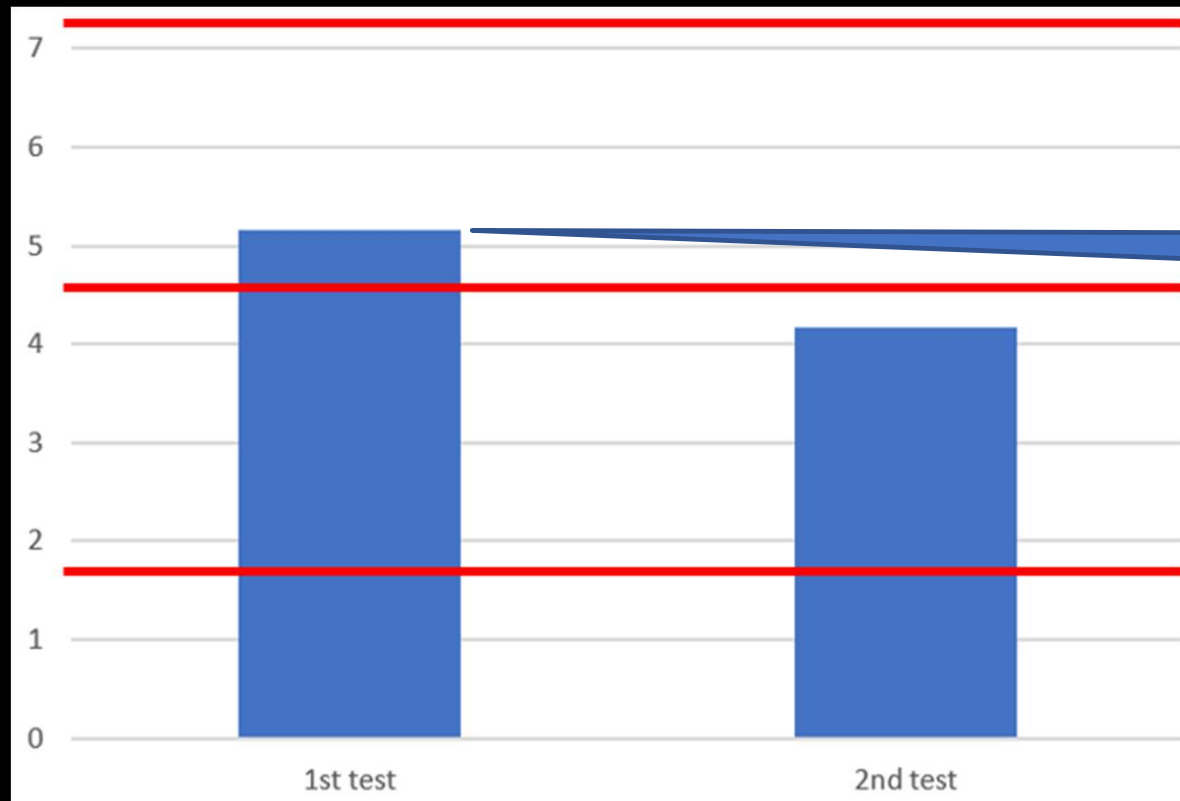
Air barrier plan at schematic design

ARCHITECTURE

A-001	ABBREVIATIONS, REFERENCE SYMBOLS, AND GENERAL NOTES
A-002	INTERIOR WALL DETAILS
A-003	INTERIOR WALL TYPES
A-004	INTERIOR WALL TYPES
A-005	UL WALL TYPES
A-101.1	FIRST FLOOR PLAN - NOTATIONS
A-101.2	FIRST FLOOR PLAN - DIMENSIONS
A-111	FIRST FLOOR REFLECTED CEILING PLAN
A-121	ROOF PLAN
A-131	AIR BARRIER PLAN
A-132	AIR BARRIER DETAILS
A-201	NORTH AND SOUTH ELEVATIONS
A-202	EAST AND WEST ELEVATIONS
A-301	BUILDING SECTIONS
A-302	BUILDING SECTIONS
A-311	WALL SECTIONS

Potential to improve

Without pen-check



- ASHRAE 90.1:
7.2 m³/h/m²

Without 1st test

- USACE Protocol
4.572m³/h/m² (0.25CFM/ft²)

Possible?

- Passive House
1.78m³/h/m² (0.6ACH50)

Conclusion and proposal

Proposal: Let's start study air barrier

AB is a new concept,
architectural term having clear criteria,
which is different from what we Japanese imagine.

Free Text : BSC, ABAA, NIBS, IECC, and etc.

Proposal: Let's start study air barrier

- First step: pen-check
- You will see the importance if you try it
- The word “Importance” means that you might find large or long enough gaps to be astonished with and laugh, not tiny holes
- It is not difficult to pass CODE requirement.

Proposal: Let's start study air barrier



- [Home Page | buildingscience.com](http://buildingscience.com)



- [The Air Barrier Association of America \(ABAA\) | Home](http://TheAirBarrierAssociationofAmerica.org)

Thank you!

Reference

Meiken Lamwood website

<https://www.meikenkogyo.com/works/1084/>

AIJ Annual Architectural Design Commendation 2022

https://www.aij.or.jp/jpn/design/2022/data/5_award_004.pdf

RMI Innovation Center Year 1 Insights, Results, and Lessons Learned Current as of February , 2017

<https://rmi.org/our-work/buildings/scaling-zero-net-carbon/rmi-innovation-center/>

Ayako Omura [1 ロングライフビルと LEED 2018

ー Built Environment のサステナビリティ向上をあらためて考える]

SINTEF [Air leakage thorough cross laminated timber (CLT) constructions]

[Air leakages through cross laminated timber \(CLT\) constructions - SINTEF](#)