# THE EUROPEAN HARMONIZATION OF REGULATIONS AFFECTING INDOOR AIR QUALITY

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#### ABSTRACT

Among the objectives of the European Community, "the constant improvement of the living and working conditions of their peoples" and "the harmonious development of their economies" represent important goals. In this context, several Directives related to health and safety at the workplace and to environment pollution have been elaborated by the European Commission. While certain aspects of indoor air quality are addressed in a few of these Directives, a respective Comprehensive Directive is not yet in sight.

#### INTRODUCTION

The European Economic Community (EEC), with its combined population of 320 million people, has the potential for becoming the world's most important trading block. Whereas, in the past, the 12 member nations of the EEC have been concerned with their separate national issues, the EEC is now realizing that continued fragmentation will limit their economic growth. To correct this, one of the EEC's main goals is the consolidation of the Community by the reduction or elimination of fiscal, bureaucratic, and technical trade barriers among the member nations' markets. This goal will be achieved through the adoption of probably over three hundred Directives covering a wide variety of economic and regulatory matters. Some of these Directives are or will be related to the health and safety at the workplace and to the effects of the environment on human health and the quality of life. Measures to be taken to improve indoor air quality will therefore fall in the scope of these Directives.

#### THE SINGLE EUROPEAN ACT

The Single European Act, which was passed on July 1, 1987, committed member nations to greater economic and social cohesion and to completion of a single internal market by December 31, 1992. One of the important areas affected by the Single European Act is the decision-making process of the EEC. In the past, most proposals required an unanimous vote for approval. Very often,





individual nations would use the veto to protect "vital national interests". Although the progress of harmonization should not override specific interests of individual nations, achieving a supranational aim has been restrained by the necessity of maintaining a consensus. The Act now allows for changes in the voting procedures in the Council of Ministers. Under the Single European Act member states have a voting coefficient proportional to their populations, and majority rule for Council voting has been extended from internal market matters to many of the international market sectors.

#### THE NEED FOR HARMONIZATION

# Indoor air quality at the workplace

Current legislation relating to the protection of health and safety at work differs considerably between the different Member States. In Greece, Italy and Luxembourg, some basic principles are laid down in the national constitution. In France the general provisions are contained in the Public Health Code, in the Netherland in the Civil Code and in Germany in the Industrial Code. Protection of all individuals, whether at work or not, is provided for in the Civil Code in Belgium and in unwritten civil or common law in Denmark, Ireland and the UK.

However, not only the legal frame but also the extent to which legislation covers health and safety at work varies considerably between Member States. In addition, the existence of non-statutory provisions and self-regulation agreements of industry may introduce further differences in the level of protection and in the requirements that employers must observe in the different Member States. Obviously, these differences are not compatible with the principles of a Common Market.

In recognition of the need to harmonize the different national provisions and measures which guarantee the safety and health at the workplace, the European Parliament adopted therefore four resolutions in February 1988. In these documents, the Commission was invited to draw up a framework Directive which should serve as a basis for more specific Directives covering all the risks connected with safety and health at the workplace including those resulting from the exposure to potentially harmful chemical, physical and biological agents in the ambient air.

#### Indoor air quality at places other than the workplace

While outdoor air quality in general and indoor air quality at the workplace have attracted at least some regulatory interest, very limited efforts have been undertaken so far in the EC to improve the health and quality of life of citizens by encouraging improvements of indoor air quality also at places other than the workplace. Considering the potential economic and social impact that may result from a harmonization of the measures required to assure a minimum standard of indoor air quality, it appears surprising that this area has so far been largely neglected. As will be described in more detail below, involuntary smoking is the only aspect which has been addressed in isolation by a Council Resolution issued in July 1989.

#### HOW IS HARMONIZATION

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#### HOW IS HARMONIZATION OF NATIONAL REGULATIONS ACHIEVED?

In its efforts to harmonize the European legislation and create the basis for a Common Market, the Commission has to observe a number of generally applicable principles. A particularly important one is that the new rules must not go further than is genuinely necessary to achieve the desired objective, i.e. that of serving the common good. Recognizing that a legislation which is kept to the bare essentials is clearer and more effective, the Commission takes the position that superfluous rules must be avoided and that necessary rules must be improved. In preparing its proposals for putting new legislation into effect, the Commission confines its efforts to those which satisfy at least one of the following aims:

- protecting public health
- providing consumers with economic protection and adequate
- information
- ensuring fair trade
- providing for effective control mechanisms

In order to achieve its target and to realize a single European market, the European Community disposes of two different legislative tools which are binding for the Member States: Regulations and Directives. While Regulations are in effect immediately in all Member countries, Directives represent guidelines with a binding effect for implementation in the respective national law and regulations, normally until 1992 the latest. In most cases, Directives rather than Regulations are applied.

Until 1987, the adoption of new Directives required the unanimous approval by the Council of Ministers, i.e. each Member country was given the right to block the legislative process by its veto. However, with the Single European Act of July 1, 1987 the article 100 of the treaty of Rome was altered in the sense that a qualified majority rather than unanimity will in future be required for the final approval of new Directives (article 100A). This change of the voting procedure greatly facilitated the adoption of new Directives and speeded up the legislative process.

As already explained, Directives oblige the Member States to modify their national legislation within a given period of time so as to make it fully compatible with the provisions laid down in the Directive. However, if the provisions are aimed at improving the safety and health of workers, the approximation of national law may not result in any reduction in levels of protection already achieved in individual Member States.

Proposals for new Directives are prepared by the EC Commission which is organized in twenty different Directorate-General (DG I - XX). In relation to indoor air quality, the activities of DG V (Safety at the Workplace) and DG XI (Environment Protection) are particularly relevant. The elaborated proposals are subsequently submitted to the Council of Ministers which in consultation with the Economic and Social Committee and with specific Expert Committees (e.g. the Advisory Committee on Safety, Hygiene and Health Protection at Work) as well as in cooperation with the European Parliament adopts the proposed Directive.

# COMMUNITY ACHIEVEMENTS IN THE HARMONIZATION OF MEASURES AFFECTING INDOOR AIR QUALITY

### Framework Directives related to safety and health at the workplace

Following the four 1988 parliamentary resolutions referred to above, the Council adopted a <u>Framework Directive</u> in June 1989 to encourage improvements in the safety and health of workers at work (32 O.J. Eur. Comm. (No. L183) 1 (1989); <u>B9/391</u>). This Directive establishes general principles concerning "the prevention of occupational risks, the protection of safety and health, the elimination of risk and accident factors, the informing, consultation, balanced participation in accordance with national laws and/or practices and training of workers and their representatives, as well as general guidelines for the implementation of the said principles". Applicable to all sectors of activity, both public and private, Directive 89/391 in essence provides a framework for the <u>adoption of measures relating to specific aspects of</u> workplace safety.

<u>Article 16</u> of the Directive states that the Council shall adopt <u>individual Directives in specific areas</u> such as workplaces, work equipment, personal protective equipment, work with visual display units, etc. While indoor air quality is not mentioned specifically, this subject is addressed in the Directive on "workplaces", which is discussed below.

Pursuant to its resolution of 29 June 1978 concerning the first programme on safety and health at work, the Council adopted a Directive in 1980 regarding the protection of workers from risks related to <u>exposure to chemical</u>, <u>physical and biological agents</u> (23 O.J. Eur. Comm. (No. L327) 8 (1980); <u>80/1107</u>), which called for measures to prevent exposure to such agents where possible.

This Directive was updated and amended in December 1988 by Directive 88/642 (31 O.J. Eur. Comm. (No. L356) 74 (1988); <u>COM</u> <u>88/642</u>). <u>Directive 88/642 amends Article 8 of Directive 80/1107</u> by further specifying the procedure for issuing <u>individual</u> <u>Directives with respect to chemical</u>, <u>physical</u>, <u>and biological</u> <u>agents</u>. These agents are listed in an annex (Annex I of the Directive) and include acrylonitrile, asbestos, arsenic and its compounds, benzene, cadmium and its compounds, mercury and its compounds, nickel and its compounds, lead and its compounds, as well as chlorinated hydrocarbons, specifically, chloroform, paradichlorobenzene, and carbon tetrachloride. The purpose of these individual Directives will be to establish mandatory limit values for occupational exposure, and where appropriate, other specific requirements.

Directive 88/642 also amends Article 8 to authorise the Council to adopt for other agents indicative limit values that "reflect expert evaluations based on scientific data". These indicative limit values (which are in effect recommendations) are intended to provide Member taken into account when est

Under the amendments of essentially required to do exposure might occur, the any resulting risk; (2) sampling and measuring prod where a limit value has b measures are appropriate t are to be guided by the forth in Annex II to the such terms as "dust", "fun how they are to be under medicine and toxicology. An "Assessment of Exposure and chemical, and physical ag makes clear, however, tha minimum requirements, and from taking other, more str

# Specific Directives on meas the workplace

On 30 November 1989, minimum safety and health y Eur. Comm. (No L393) 1 (19 characterised as an indivi-Article 16 of Directive 8 general minimum requirement and issues in the workplac emergency routes and fire handicapped workers, rest ments take the form of 1 neither specific nor exacti

With regard to indoor that "steps shall be taken fresh air in enclosed wor methods used and the physi further provides that forc be maintained in working ( must be indicated by a co or mechanical ventilation to avoid exposing workers at regular intervals and create a hazard by poll immediately. Finally, it should be taken in staff workplace to protect no tobacco smoke".

On 30 November 1989, cerning the <u>minimum safety</u> <u>Work equipment by worker</u> (1989); <u>89/655</u>). The term mean any machine, tool, ( generally required to give workers written instructions on the use of work equipment and to ensure that those instructions contain adequate safety and health information for uses under normal conditions, and warnings concerning possible abnormal situations. No specific provision is made with regard to indoor air quality but the general provisions would apply also to any equipment which might involve combustion, or which may throw off airborne particles.

On 30 November 1989, the Council adopted a Directive on <u>minimum requirements for the use by workers of personal protect-</u> ive equipment (32 O.J. Eur. Comm. (No. 393) 18 (1989); <u>B9/656</u>). This Directive requires Member States to establish general rules regarding the necessity and use of equipment that is designed to be worn/held by the worker to protect himself against health and safety hazards at work, and that is intended to be used when risks at the workplace cannot be avoided or sufficiently limited by other means. Three annexes provide further guidance for Member States and employers: Annex I contains a "specimen risk survey table" to be used in assessing protective equipment, which includes columns for risk from airborne chemical and biological agents. Annex II provides a non-exhaustive list of protective equipment, including broad categories of equipment for "respiratory protection" and "whole body protection". Finally, Annex III suggests various activities in which certain types of protective equipment may be required.

In June 1988 the Commission submitted a proposed Directive regarding the protection of workers from risks related to exposure to biological agents at work (31 O.J. Eur. Comm. (No. C150) 6 (1988); COM 88/165). In August 1989 the Commission submitted an amended proposal in this area (32 O.J. Eur. Comm. (No. C128) 5 (1989); COM 89/404). This Directive, which has not yet been adopted, addresses a wide range of agents, including biological agents that have been genetically manipulated and so might pose an unusual risk to workers.

Article 2 of the proposed Directive would establish four classes or groups of biological agents based on the likelihood of their causing disease through exposure. Any risks from possible exposure to the agents would have to be assessed under guidelines to be fixed by Member States. The Directive would also establish a range of general preventative measures that would be applicable (when appropriate) to work activities that involve potential exposure to biological agents. These measures include requiring employers to (1) make use of equipment or other means that reduce or eliminate workers' exposure to agents, (2) inform and consult with workers about such measures, and (3) keep records regarding these matters.

Annexes 1 - 1V to the proposed Directive set forth requirements relating to physical containment of the agents, including air maintenance systems. Recommended measures include sealing off work areas to permit disinfection, filtering of input and extract air by means of special systems, and maintaining air pressure in those areas negative to atmosphere. Annex V, which has yet to be completed, will contain the group classifications of biological agents. In 1987 the Commissi protection of workers fr <u>gens at work</u> (30 O.J. Eu This first proposal was s 89/405 (32 O.J. Eur. Com mitted in August of 198 reached on this proposal.

Proposed Directive various classes of carcifor the use of closed carcinogens, and, where of exposure to the lowe version of the Directive at least minimise exposurisks. Member States wo assessing the risk of exrisks. The carcinogens c which can be airborne.

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On 28 July 1982 the tection of workers from <u>lead and its ionic comp</u> L247) 12 (1982); <u>82/605</u> involving a risk of abso to determine the nature Employers are obligated absorption of lead. In levels of concentrations lead concentrations abov blood, will trigger va including medical exam absorption, and ongoing sets forth specific lim and biological paramete sampling lead-in-air con and their representative the potential health ri values, precautions to h requirements.

On 19 September 198 protection of workers f (26 O.J. Eur. Comm. (No sets forth binding lim established requirement asbestos in the workpla provide workers with in:



In 1987 the Commission submitted a proposed Directive on the protection of workers from <u>risks related to exposure to carcino-</u><u>gens at work</u> (30 O.J. Eur. Comm. (No. C34) 9 (1987); <u>COM 87/641</u>). This first proposal was subsequently amended by proposed Directive 89/405 (32 O.J. Eur. Comm. (No. C229) 8 (1989); <u>COM 89/405</u>) submitted in August of 1989. Recently, a common position has been reached on this proposal.

Proposed Directive 89/405 provides a method for defining various classes of carcinogens and suspected carcinogens, calls for the use of closed systems in the production and use of carcinogens, and, where this is not possible, for the reduction of exposure to the lowest level practicable. Under the current version of the Directive, employers would be required to avoid or at least minimise exposure, and to provide warnings of exposure risks. Member States would be obliged to develop methods for assessing the risk of exposure and measures for minimising such risks. The carcinogens covered by this Directive include a number which can be airborne.

In addition to other preventive measures, employers would be required to post "No Smoking" signs in areas where workers are exposed or likely to be exposed to carcinogens. Directive 89/405 provides general guidelines for employers on scope and determination of exposure risk, and surveillance and protective measures. It also contains requirements for providing information to, and consultations with, workers, as well as training and refresher training on "potential risks to health, including the additional risks resulting from tobacco use".

On 28 July 1982 the Council adopted a Directive on the protection of workers from the risks related to <u>exposure to metallic</u> <u>lead and its ionic compounds at work</u> (25 O.J. Eur. Comm. (No. L247) 12 (1982); <u>82/605</u>). This Directive requires that any work involving a risk of absorbing lead be assessed in such a way as to determine the nature and degree of workers' exposure to lead. Employers are obligated to take measures to prevent risks of absorption of lead. In general, exposure to certain specified levels of concentrations of lead in the air, or the presence of lead concentrations above certain specified levels in a worker's blood, will trigger various requirements under the Directive, including medical examinations, efforts to minimise risks of absorption, and ongoing surveillance programmes. The Directive sets forth specific limit values for lead-in-air concentrations and biological parameters, as well as acceptable methods of sampling lead-in-air concentrations. It also states that workers and their representatives are to be given adequate information on the potential health risks of lead exposure and statutory limit values, precautions to be taken to minimise exposure, and hygiene requirements.

On 19 September 1983, the Council adopted a Directive on the protection of workers from <u>risks related to exposure to asbestos</u> (26 O.J. Eur. Comm. (No. L263) 25 (1983); <u>83/477</u>). This Directive sets forth binding limit values for exposure to asbestos, and established requirements relating to the handling and use of asbestos in the workplace. Under its provisions, employers must provide workers with information regarding the risks of asbestos,

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must ensure that exposure is reduced to the minimum possibel level, and must monitor measurements of asbestos exposure.

On 9 June 1988 the Council adopted a Directive <u>banning</u> <u>specified agents and work activities</u> (31 O.J. Eur. Comm. (No. L179) 44 (1988); <u>88/364</u>). This Directive seeks to protect workers from agents and activities which are considered to pose serious health and safety risks and against which adequate precautions may not be taken. The Annex to the Directive lists certain agents that may not be produced or used (2-naphtylamine, 4-aminobiphenyl, benzidine and their salts, as well as 4-nitrodiphenyl).

In December 1985 the Commission submitted a proposed Directive on the protection of workers from risks related to <u>exposure to</u> <u>benzene at work</u> (23 O.J. Eur. Comm. (No. C349) 32 (1985); <u>COM</u> <u>85/669</u>). This first proposal was amended in December 1987 by proposed Directive 87/526 (30 O.J. Eur. Comm. (No. C333) 13 (1987); <u>COM 87/526</u>.

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This Directive would establish specific binding limit values for exposure to benzene at the workplace. It calls for the use of less dangerous substitutes where available, and would regulate the handling of waste containing benzene, including waste from the cleaning of extracted air. It would also require employers to monitor measurements of exposure to benzene, and to ensure medical surveillance of workers who have been exposed.

# PROSPECTS AND CONCLUSIONS

Among the objectives set out in the preamble to the Treaty establishing the European Community, the signatories affirmed as goal "the constant improvement of the living and working conditions of their peoples" and "the harmonious development of their economies". It is within the context of those social and economic tasks that a number of Directives related to health and safety at the workplace and to environment pollution have been elaborated by the European Commission during the past few years.

While certain aspects of indoor air quality are addressed in a few of these Directives, a respective Comprehensive Directive is not yet in sight.

With regard to indoor air quality at places other than the workplace, Directives are so far lacking completely. Directives in relation to environmental pollution are focusing primarily on outdoor pollutants which are currently of greatest concern (sulphur and nitrogen oxides, hydrocarbons, photochemical oxidants, etc.). However, in the fourth Action Programme on the Environment (OJ C 328, 7. Dec. 87) it is stipulated that outdoor and indoor pollutants should be identified and that measures against indoor air pollution should be defined and implemented. It is to be expected, therefore, that this so far neglected area will attract regulatory interest in due course.

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