Ventilation, Humidity, and Energy Impacts of Uncontrolled Airflow in a Light Commercial Building

Charles R. Withers, Jr.  James B. Cummings

ABSTRACT

A small commercial building was monitored before and after energy-saving retrofits to study the impact of retrofits upon ventilation rates, humidity, building pressure, and air-conditioning energy use. Duct air tightness testing identified severe duct leakage as a significant source of uncontrolled airflow. Differential pressure and infiltration measurements using tracer gas indicated an attic exhaust fan as another significant source of uncontrolled airflow. Duct repair resulted in a 31% drop (30.5 kWh/day) in cooling energy and an increase in relative humidity from 72% to 76%. Turning off the attic exhaust resulted in an additional 36% energy savings (14.3 kWh/day), including fan power, and a decrease in relative humidity from 76% to 58%. Turning off the attic exhaust fan also significantly reduced the ventilation rate in the building by about 62% from pre-retrofit ventilation measurements. The study of this building before and after retrofits illustrates the impacts that air leakage can have on light commercial buildings with nonairtight ceilings, the importance of using good diagnostics to discover all sources of uncontrolled airflow in buildings, and the importance in understanding what the duct zone environment is like in small commercial construction.

INTRODUCTION

Various studies by Cummings et al. (1990), Modera (1990), Palmiter and Bond (1990), Parker (1989), and Proctor et al. (1990) have shown duct leakage to have significant impacts on air distribution efficiency in residential buildings. In 1993, a research project funded by the Florida Energy Office was begun to characterize duct leakage and other types of uncontrolled airflow (UAF) in 70 commercial buildings. UAF includes duct leakage, pressure, and airflow imbalances resulting from closed interior doors and unbalanced exhaust airflow out of buildings. Twenty of the 70 buildings were chosen for energy-related monitoring and had repairs made to them to observe the impact on cooling energy use. The building presented in this paper is one of the 20 monitored buildings.

Repair of uncontrolled airflow in these 20 buildings produced average cooling energy savings of 12.4 kWh/day or 14.7% and average peak demand reduction of 9.4%, or 0.71 kW (Cummings et al. 1996). The most common retrofit was duct repair. In three of the twenty buildings, excessive ventilation through outdoor air was reduced to rates closer to ASHRAE Standard 62 (ASHRAE 1989). Projected cooling energy savings of $182 per year in these buildings with an average floor area of 3050 ft² (283 m²) paid for repair costs in 2.5 years. It was concluded that approximately 25% cooling energy savings could be achieved with more complete duct repair and by correcting other sources of UAF. The impact that duct leakage has on heating and cooling energy use also depends upon the environment where the ducts are located.

The key to successful repair is successful diagnosis of all sources of uncontrolled airflow; otherwise, the realized savings can be diminished in light commercial buildings (Withers et al. 1996). The building studied in this paper is an example of successful diagnosis and shows the impact of three retrofits: duct repair, replacement of an inefficient heat pump system with one that had higher efficiency, and turning off an attic exhaust fan. The replacement of the heat pump is not considered to be related to UAF but is included since it occurred between two UAF retrofits.

GENERAL BUILDING CHARACTERISTICS

This single-story real estate office building is located in east central Florida. It was built in 1971 and has a floor area of 1845 ft² (171.4 m²). The walls consist of concrete block with stucco exterior on the east, west, and north sides of the
building and brick exterior on the south wall. A t-bar panel
ceiling is suspended about 8 in. (203 mm) below a wood truss
system. Faced R-19 batt ceiling insulation was attached to
the bottom side of the wood trusses. The attic space was mechani-
cally ventilated and had two vents, each with an area of
0.83 ft² (0.08 m²), located in the south eave.

One heat pump with a cooling capacity of four tons
(14064 kW) and electric resistance heat was used to condition
the building air. The seasonal energy efficiency ratio (SEER)
was estimated to be 6.0 by an air-conditioning contractor who
inspected the unit. Air was distributed from the air handler via
insulated duct board ducts located in the attic space above the
primary thermal barrier (ceiling insulation). The air distribu-
tion system had no provision for outside ventilation air. The
air handler was located on top of an enclosed support platform
in a storage closet within the conditioned space. The support
platform was used as part of the return with a single transfer
grille through a wall of the platform to the central area of the
building. There was no return leakage from outside the condi-
tioned space because the wall cavity at the return grille had
been sealed using mastic, which is uncommon practice in
small commercial buildings of this age in central Florida. While
there was no significant return leakage, severe supply duct
leakage that resulted from metal tape failure was present
in the attic space.

DIAGNOSTIC AND TESTING PROTOCOLS

This section briefly describes the types of tests used to
characterize airflow, airtightness, and pressure dynamics in
buildings and test the results found in this real estate office.
The tests can usually be completed within one day. A typical
protocol includes visual inspections, building and duct
airtightness testing, pressure differential measurements, infil-
tration/ventilation rate tests, and airflow measurement. The
objective of the testing was to characterize airflows and pres-
sure differentials within the building, characterize the airflow
balance across the building envelope, identify the cause of
airflow and pressure imbalances, and understand the interact-
ing relationships between building airtightness, airflows, pres-
sure differentials, HVAC equipment, indoor air quality,
ventilation, and energy consumption. Visual inspection of all
accessible building areas is also a key part to complete the
building site testing. Visual inspection serves to identify air
leak pathways in the building and air distribution system,
locates the primary thermal barrier, helps identify different
zones within the building, and verifies building construction
materials and practices. Testing was repeated in this building
after duct repair.

Building Airtightness Testing

The first step in the diagnostic process is the building
airtightness test. The building was prepared by turning off all
air-moving equipment and sealing the exhaust fan opening.
A multi-point airtightness test is performed (ASTM 1987)
using calibrated fans to obtain airflow at six to eight building
pressures in the approximate range of −0.060 in. WC
(−15 Pa) to −0.241 in. WC (−60 Pa) depressurization. (Note
that all pressures expressed in this paper are with respect to
outdoors unless otherwise indicated.) Using a software
program, the multi-point building pressure and airflow data
are used to calculate CFM50, the airflow rate of air coming
through leaks when the building is at 0.201 in. WC (50 Pa).
Knowing the building airtightness assists in interpretation of
other field testing. CFM50 is a measure of the absolute
airtightness. It can be normalized by building size to obtain
ACH50, which is a measure of the relative airtightness.
ACH50 is obtained by dividing CFM50 by the building air
volume and multiplying by 60 to convert to units of hours.
ACH50 is useful in comparing the tightness of different
buildings.

The office CFM50 was 2241 (1058 L/s @ 50 Pa) and
ACH50 was 9.3, indicating a moderately tight commercial
building (Cummins et al. 1996). The average ACH50 for 69
small commercial buildings = 16.7 (Cummins et al. 1996).
The accuracy of the blower door equipment is ±3% with
a repeatability of ±1%. Two significant factors in measure-
ment accuracy are temperature differential between indoors
and outdoors and wind. The temperature difference between
indoors and outdoors was 7°F (3.9°C) during testing. Testing
was done with wind speeds not exceeding 10 miles per hour
(16.1 km/h) to reduce measurement errors associated with
wind. During testing, the wind speed was an average of 2
miles per hour (3.2 km/h) with a maximum gust of 3.8 miles
per hour (6.1 km/h). The correlation coefficient (r) of the
building pressure vs. airflow (multi-point data) was 0.9972.
In the authors’ experience, it is common for the correlation coeffi-
cient of a building tightness test to be about 0.99 on days
with very light winds.

Identification of Building Air Barriers

With the building depressurized to −0.201 in. WC
(−50 Pa) by the calibrated fan, pressures in various zones of
the building are measured in order to know which portions of
the building are within the building air barrier and which are
not. For example, if the ceiling space is −0.020 in. WC (−5 Pa)
when the occupied space is −0.201 in. WC (−50 Pa), this
indicates that the ceiling space is reasonably well ventilated
to outdoors and that the ceiling is the primary air barrier. (The
ceiling may be the primary air barrier even though the ceiling
itself is ‘quite leaky. Being the primary air barrier simply
means that it is more airtight than the ceiling space is to
outdoors.) It also indicates that the ducts, when located in the
celling space, are in a zone that is outdoors. There fore, to dia-
gnose UAF, it will be more important to measure duct leakage.

The primary air barrier of the office was located at the
roof deck and walls. When the building was depressurized to
0.201 in. WC (50 Pa), the attic space was depressurized to
0.173 in. WC (43 Pa). This shows that the suspended t-bar
ceiling provides much less resistance to airflow than the ven-
ilated attic. In other words, the ceiling is leaky. This type of
ceiling is very common in office buildings (Cummings et al. 1996). Of 70 buildings studied, 57 had suspended t-bar ceilings. It is important to note that these 70 commercial buildings were 33% more leaky than a sample of 99 residences (Cummings et al. 1991). Leaky t-bar ceilings with vented ceiling spaces or attic spaces above are the prime cause for leaky buildings. The ceiling in this real estate office is a problem because the space above it is unconditioned, and it allows a significant amount of air to travel to or from the ceiling space when pressure differences exist.

Five mechanisms exist to move air across this leaky ceiling plane:

1. Wind can cause pressure differences as it moves over and around the building.
2. Opening and closing interior and exterior doors can pump air across the ceiling.
3. Operating the air handler when interior doors are closed creates high pressure in the closed rooms and negative pressure in the central zone where the single return is located.
4. Supply leaks depressurize the occupied space, thus causing attic air to be pulled into the occupied zone.
5. The attic exhaust fan depressurizes the attic and therefore causes air to flow from the conditioned space to the attic (in the absence of very large supply leaks).

**Duct System Airtightness Test**

Airtightness of the duct system was measured using a calibrated fan (duct test rigs or duct testers). The air handler was turned off, and all registers except one supply and one return were masked off. Outdoor air is normally masked off, but there was no need to do this since the building had no mechanically provided outdoor air. Duct testers were attached to the open registers, and a barrier was placed in the air handler at the blower to divide the system into supply and return. Air was drawn from the duct system by the tester, and a multi-point airtightness test was done with each side of the system at the same pressure (duct pressure was measured near the air handler and referenced to the zone in which the ducts were located), CFM25 (airflow in cubic feet per minute through leaks in the duct system when the ducts are at −0.100 in. WC (−0.25 Pa)) was determined for both the supply and the return side of the system. The combined CFM25 (add supply and return sides together) represents leakage to outdoors, unconditioned building space, and conditioned building space and can be expressed as CFM25_{TOTAL}. The CFM25_{TOTAL} was 571 (270 Ls @ 25 Pa), which indicates an extremely leaky duct system (Cummings et al., 1991). Almost all the duct leakage was from supply leaks located in the attic space. Only 49 CFM25 (23 Ls @ 25 Pa) was from return leaks, and all of this was from air handler leaks to the closet.

The accuracy of the duct testing equipment is ±3%. Testing was done with wind speeds not exceeding 10 miles per hour (16.1 km/h) to reduce measurement errors associated with wind. During the duct tightness testing, the average wind speed was 2.5 miles per hour (4.0 km/h) with a maximum wind gust of 5 miles per hour (8.1 km/h). The correlation coefficient (r) of the duct pressure vs. airflow (multi-point data) was 0.9989. It is common for the correlation coefficient of a duct tightness test to be at least 0.99 in the experience of the authors.

**Pressure Differentials**

Using digital manometers, pressure differentials were measured in the building with the building and HVAC systems in various modes of operation. The basic approach is to characterize pressures in the building and various zones of the building with air handlers and exhaust fans turned on (normal operation) and turned off and with various doors open and closed. The primary objective is to characterize the effect of the air-moving equipment on building and zone pressures since negative pressure can draw pollutants from the soil, back draft combustion equipment, draw humid outdoor air into building cavities, and cause excessive ventilation rates.

Pressure in rooms with doors closed ranged from 0.010 in. WC to 0.016 in. WC (0.4 Pa to 2.4 Pa) with respect to the central zone of the building, while the air handler operated. Central zone pressure was approximately −0.024 in. WC (−0.6 Pa) with respect to outdoors with all interior doors closed. The air-handler closet was the only space depressurized with respect to the main body. It was depressurized to 0.004 in. WC (1.0 Pa) with respect to the central zone as a result of air-handler leakage. The storage closet was the only place in the building that had a sheet rock ceiling, so it was more airtight than the other rooms, which all had suspended t-bar panel ceilings. Based on inspection of the closet, it is believed that the air pulled from the closet through air-handler leakage was replaced primarily by conditioned air moving through the door undercutoff.

Building pressure with respect to outdoors was −0.018 in.WC (−4.4 Pa) with the air handler on, and −0.007 in.WC (−1.7 Pa) with it off when all interior doors are open. When the air handler and the attic exhaust fan were both on, building pressure became −0.057 in.WC (−14.3 Pa). Interestingly, the attic pressure was positive with respect to the occupied space at 0.0024 in.WC (0.6 Pa). Turning the air handler off and leaving the attic fan on caused the attic to be depressurized 0.0020 in.WC (0.5 Pa) with reference to the occupied space.

Pressures were measured with digital differential pressure gauges that were accurate to ±1% of reading or ±0.2 Pa (whichever is greater). The pressure gauges had an auto zero feature that eliminated the potential for a reading of long-term measurement to drift over time.

**Infiltration/Ventilation Rates**

Using tracer gas decay methodology (ASTM 1983), the building infiltration/ventilation rate was measured, once
with the HVAC equipment operating and then again with the HVAC equipment turned off. The instrument used to measure tracer gas passes an infrared beam of energy through the tracer gas in a controlled volume within the instrument. Energy from the beam becomes absorbed to varying degrees depending on how great the concentration of tracer gas. Temperature changes can cause readings to drift over time, so the instrument was taken outside to adjust the zero reading immediately before the first and last readings taken and every ten minutes during the testing period. The drift was typically less than 0.3 parts per million every ten minutes. The accuracy of the gas analyzer used is ±5% of reading according to calibration work completed by the manufacturer. The air changes per hour (ACH) of the building were calculated based on the change in gas concentration from the beginning to the end of the test period since the tracer gas decay method was used. Therefore, the measurement accuracy, while important, has less impact on the accuracy of the calculated ACH.

Initial tests measured air change rates of 0.19 with all mechanical air-moving devices off, 0.20 ACH with the air handler on, and 0.87 ACH with the air handler and the attic exhaust fan on. Considering that there were large supply duct leaks in the attic, the infiltration rate with only the air handler on is significantly lower than expected. This can be explained by large duct leaks that dumped air into the attic space, which is inside the primary air barrier of the building. As a result, the supply leaks depressurized the occupied space by 0.018 in. WC (4.4 Pa) with respect to the attic, thereby causing attic air to be drawn into the occupied space. Since this transfer of air between the occupied space and the attic occurred within the primary building air boundary, little air from outdoors was introduced as a result of the duct leakage. Therefore, the duct leaks were creating very large energy penalties without providing additional ventilation. It is interesting to note that during the tracer gas test, concentrations of tracer gas were essentially the same in the occupied space and attic.

Airflow Rates

Air distribution and exhaust airflow rates were measured in the real estate office. Air-handler airflow was 1315 cfm (620 L/s). This is 287 cfm (135 L/s) below the typical rated airflow for a four-ton system but is not uncommon for old systems that have dirty coils and fans. The attic exhaust was measured using an airflow hood and had a flow rate of 730 cfm (345 L/s). The two gable vents transferred a total amount of 450 cfm (212 L/s) into the attic from outdoors. This indicates that approximately 280 cfm (132 L/s) was pulled from the conditioned space by the attic fan.

Airflow was measured using an airflow hood with an accuracy of ±3% of reading in a measurement range of 25 cfm to 2500 cfm for supply flow and 25 cfm to 1500 cfm for exhaust flow.

MONITORING

Building monitoring to assess the impacts of UAF retrofits in this office was conducted, during one cooling season. The retrofits were implemented about five to six weeks apart.

Variables Monitored

An on-site data logger was used to record building and outdoor ambient variables. Building variables included air-conditioner energy use, room and attic dry-bulb temperatures, indoor relative humidity, and indoor pressure differentials. Carbon dioxide concentrations were measured as an indication of the ventilation rate per person. Air-conditioner operational temperatures were monitored to indicate a change in performance resulting from something such as a loss of refrigerant over time. This was accomplished by recording the return and supply temperatures only when the cooling system was operating. Outdoor environmental conditions of dewpoint and dry-bulb temperature, wind speed, and solar radiation were collected at a site approximately 15 miles from the monitored building.

Calibration

The monitoring equipment and sensors were calibrated in the laboratory before field installation. Carbon dioxide sensors were calibrated against certified gas mixtures. Relative humidity sensors were calibrated in environmental chambers using chilled mirror hygrometers as the standard. T-type thermocouples were spot checked but found in general to provide accuracy within ±0.3°F. Electric energy meters were calibrated against a bench-top power calibration meter. The energy meters have an accuracy of ±2% of reading.

Data Transfer

All data were stored as 15-minute averages or sums. Data transfer occurred through modem and phone line installed solely for data transfer. A central computer system called the data logger daily at about 6 a.m. and downloaded site data to disk storage. Every data transfer was scanned for errors by comparison to prescribed boundaries. If bad data were detected, a second attempt to download data from the data logger occurred. Suspect data were marked.

A computer program was created to call the data logger, download data, and plot eight graphs containing 17 variables every 24 hours. These plots were automatically produced overnight and then reviewed daily to see that equipment was working well and to make note of any unusual circumstances. Such circumstances could be unusual thermostat settings for a particular time of day, air conditioners turned off, or a faulty sensor. Hurricane Erin’s 80 mph (128.8 km/h) sustained wind on the building was noticed at this site. Electric power was lost for one day, and the weather station tower was blown over. A site visit was made to repair the overturned weather station tower. The building did not suffer any damage from the hurricane.
ENERGY SAVINGS ANALYSIS

Cooling energy used was predicted by using a simple linear model calculated from monitored cooling energy used vs. the temperature difference between outdoors and indoors. This method was compared to other multiple regression methods in different studies of monitored energy use in occupied residential buildings, and it was found that little improvement could be made to the simple linear model (Parker et al. 1996). Parker performed the same analysis on an unoccupied residence monitored through a summer in southern Florida (June 1, 1995 to September 30, 1995). The coefficient of determination for the unoccupied residence was 0.91. Additional analysis showed that choosing more than 12 days of continuous data from the overall summer data would produce the same regression line, but the variances were different.

The following steps were used to calculate the cooling energy before and after retrofits:

1. Monitoring data were screened so that only comparable days were used. Comparability was based on similar outdoor dry-bulb temperature, outdoor dew point, solar radiation, wind, rain, and thermostat settings.

2. The 24-hour total cooling kWh consumed were plotted against the 24-hour average temperature difference between outside and inside. Plotting against the temperature difference helped to account for changes indoors such as t-stat setting changes (settings for business and nonbusiness hours).

3. Least-squares, best-fit linear regression was performed on each series of monitored data (groups of data for each retrofit). The best-fit line provided the equation used to predict the cooling energy when the temperature difference was known.

4. The typical temperature difference between indoors and outdoors was derived using the 24-hour average typical outdoor temperature from TMY (typical meteorological year) data, and the typical 24-hour interior temperature was known based on monitoring data. These two variables were used to derive the temperature difference.

Figures 1 and 2 show daily total cooling energy used vs. the daily average temperature difference between outdoors and indoors (delta temperature). Figure 1 shows the data for pre-repair, duct repair, and post-air-conditioning change-out. The coefficients of determination (correlation coefficient in parentheses) for the linear regression analysis shown in Figure 1 are as follows: pre-repair 0.66 (0.81), after duct repair 0.72 (0.85), and after replacing the air conditioner, 0.93 (0.96). The reason for greater variability in data before and after duct repair is unknown. Figure 2 shows data before and after the attic exhaust was turned off. The coefficients of determination for the linear regression analysis shown in Figure 2 are 0.93 (0.96) for fan-on data and 0.84 (0.92) for data after the fan was turned off.

Percent Savings and Payback Calculation

Seasonal energy savings were calculated in the following manner. The least-squares, best-fit lines (cooling energy use vs. temperature differential) were used in conjunction with ten-year meteorological data from a weather station to calculate the expected cooling energy use. The ten-year average daily outside temperature and the average building indoor temperature were used to calculate cooling energy use that would occur for each day during a typical cooling season. Since monitoring took place primarily during the six warmest months of the cooling season, percent savings is based on a six-month period starting May 1 and ending October 31. Daily energy use was summed over the entire six-month period and divided by 184, the number of days in this period. Percent savings is calculated by dividing the difference between pre-repair and post-repair energy use divided by the pre-repair energy use.

Cost-effectiveness analysis is based on an eight-month period from mid-March to mid-November because it is reasonable to expect additional savings from retrofits even after the six-month cooling season in central Florida. Using the same calculation method described in the preceding paragraph, projected cooling energy savings were calculated for the eight-month period. This office normally operated six
days a week, with less cooling energy being used on Sundays because the thermostat was set up from its business hours setting to 80°F (26.7°C), and there was also less internal heat generation with lights and office equipment off. The observed cooling energy used on Sundays was lower than an average of 41.7%. Therefore, the calculated cooling energy used for Sundays throughout the eight-month cooling season was reduced by 41.7% (since the linear equations are based on business days only).

An overview of predicted energy savings is presented here; however, the savings from individual retrofits and the impacts from retrofits on the ventilation, humidity, and building pressure are discussed in more detail in the following section. The predicted seasonal energy savings are summarized in Table 1. The predicted energy savings in this building were dramatic. The total retrofit package—duct repairs, AC change-out, and turning off the exhaust fan—reduced cooling energy use by an estimated $1341 per year. A review of past energy costs for this particular business revealed a cost of $0.09/kWh that was used to calculate monetary savings. This business does not pay demand charges. Given the total retrofit cost of $31,80, the simple payback period is 2.4 years. Looking at the individual measures, duct repair pays for itself in 0.6 years, AC change-out pays for itself in 5.4 years, and turning off the attic exhaust fan pays for itself in 0.2 years (assume $50 service call).

### Peak Electrical Demand Reduction Analysis

Demand analysis was performed by comparing demand profiles for comparable periods. The warmest days with similar pre-repair and post-repair conditions, such as solar radiation, outside temperature, and difference between outdoor and indoor temperatures, were chosen. Ten days were chosen for pre-repair, six for duct repair, five for impacts from the new air conditioner, and eight for turning off the attic fan. Once the sets of days were chosen, a composite 24-hour day was created of the cooling power and other variables for each monitoring period. The composite is constructed by averaging data for each hour of each day, resulting in 24 values.

The peak demand for this office occurs during the three-hour period from 2 p.m. through 4 p.m. daylight savings time between Memorial Day and Labor Day. Cooling power demand is reduced from 6.5 kW to 5.2 kW. As a result of the air-conditioner change-out, demand decreased by 35% from 5.2 kW to 3.4 kW. Turning off the attic fan decreased demand by 21% from 3.4 kW to 2.7 kW. The total demand reduction from all three retrofits was 59%.

---

**TABLE 1**

<table>
<thead>
<tr>
<th>Type of Repair</th>
<th>Pre kWh/day</th>
<th>Post kWh/day</th>
<th>kWh/day Saved</th>
<th>Percent Savings</th>
<th>8-Month kWh Saved</th>
<th>8-Month $ Saved</th>
<th>Repair Cost ($)</th>
<th>Payback (Years)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duct repair</td>
<td>99.6</td>
<td>69.1</td>
<td>30.5</td>
<td>30.6</td>
<td>5938</td>
<td>534</td>
<td>330</td>
<td>0.6</td>
</tr>
<tr>
<td>New AC</td>
<td>69.1</td>
<td>39.7</td>
<td>29.4</td>
<td>42.5</td>
<td>5750</td>
<td>518</td>
<td>2800</td>
<td>5.4</td>
</tr>
<tr>
<td>Attic fan off</td>
<td>39.7</td>
<td>25.4</td>
<td>14.3</td>
<td>36.0</td>
<td>3208</td>
<td>289</td>
<td>50</td>
<td>0.2</td>
</tr>
<tr>
<td>Total</td>
<td>99.6</td>
<td>25.4</td>
<td>74.2</td>
<td>74.5</td>
<td>14896</td>
<td>1341</td>
<td>3180</td>
<td>2.4</td>
</tr>
</tbody>
</table>

---

**Figure 3** Daily cooling peak demand during pre-repair and three retrofit periods.

(DST). However, since electric utilities in Florida experience their system peak later in the afternoon, we have chosen the period from 2 p.m. to 5 p.m. DST for comparison (note that after 5 p.m., building occupancy and use intensity varied considerably so that comparison of demand for the period after 5 p.m. would be considered unreliable). Figure 3 presents the cooling energy demand profiles. Table 2 presents cooling system demand for the period from 2 p.m. to 5 p.m., including the attic exhaust fan power. This table also summarizes the average daily temperature outdoors, temperature differential between indoors and outdoors, and the solar radiation per square meter. As a result of duct repair, demand decreased by 20% from 6.5 kW to 5.2 kW. As a result of the air-conditioner change-out, demand decreased by 35% from 5.2 kW to 3.4 kW. Turning off the attic fan decreased demand by 21% from 3.4 kW to 2.7 kW. The total demand reduction from all three retrofits was 59%.

### BUILDING RETROFIT DESCRIPTION AND RESULTS

Repair of UAF was planned for the middle of summer so that approximately comparable weather would occur during the pre-repair and post-repair periods. This building was monitored during three repair periods. It was monitored for six weeks as the building was found, with an old inefficient
heat pump, severe duct leaks, and the attic fan operating 24 hours a day. Then it was monitored for another four weeks after duct leakage repair, for six weeks following air-conditioner change-out, and then for a final four weeks after the attic fan was turned off. The attic fan operated 24 hours a day because the thermostatic control it was connected to did not function properly.

Duct Repair

After the first six weeks, duct repairs were made and monitoring occurred for four more weeks. The most significant duct-leakage sites were located by visual inspection. In some cases, leakage sites were also found by using smoke sticks while the air handler was on. After repairs were complete, the airtightness, pressure differential, and airflow tests were repeated. CFM25 in the ducts decreased by 80% from 591 to 112 (270 L/s @ 25 Pa to 53 L/s @ 25 Pa).

Cooling Energy and Demand Savings. The average cooling energy consumption (based on an eight-month cooling season) dropped from 99.6 kWh/day to 69.1 kWh/day, resulting in savings of 31% from this repair. The repair required six person-hours and $30 in materials. Based on duct repair labor cost of $50 per person-hour, the total estimated repair cost including materials was $330. At a rate of $0.09/kWh, the projected cooling season savings of 5938 kWh yields monetary savings of $534 per cooling season and a payback period of 8.2 cooling months. Cooling peak demand from duct repair resulted in a 20% reduction from 6.5 kW to 5.2 kW.

Impacts of Duct Repair on Ventilation, Humidity, and Building Pressure. Although severe duct leaks had been repaired, the indoor relative humidity remained high, and the building was still significantly depressurized. After duct repair, the daily average relative humidity increased from 72% to 77%. The average weekday afternoon carbon dioxide levels stayed about the same at approximately 620 parts per million (ppm), the measured ventilation rate with the air handler on (and attic fan on) was 0.79 air changes per hour, and the monitored building pressure went from 0.057 in. WC (−14.3 Pa) to −0.064 in. WC (−15.9 Pa). The attic pressure with respect to the occupied space was −0.0020 in. WC (−0.5 Pa). This indicates a change in direction of pressure across the ceiling compared to the pre-repair period when it was 0.0024 in. WC (0.6 Pa).

Air-Conditioner Replacement

The second retrofit was completed after duct repair at the request of the building owner. It involved replacing the existing inefficient (estimated SEER of 6.0) four-ton air-conditioning system with one that had a SEER of 12.0. This condition was monitored for about four weeks.

Cooling Energy and Demand Savings. The average cooling energy consumption (based on an eight-month cooling season) dropped from 69.1 kWh/day to 39.7 kWh/day, resulting in savings of 43%. The total cost for replacing the air-conditioning system was $2860. Using a rate of $0.09/kWh with the projected total savings of 5750 kWh over an eight-month cooling season results in savings of $518 per cooling season and a payback period of 5.4 years. Peak electric demand (including attic fan power of 0.47 kW) was reduced by 35% from 5.2 kW to 3.4 kW.

Impacts of AC Replacement on Ventilation, Humidity, and Building Pressure. As could be expected, no significant changes resulted in the carbon dioxide concentrations, ventilation rate, or building pressures from replacing the air conditioner. The daily average indoor relative humidity remained unchanged at 77%.

Disabling Attic Exhaust Fan

The third retrofit involved turning off the attic exhaust fan. Average cooling energy consumption (based on an eight-month cooling season) decreased by an additional 36%. The 14.3 kWh/day saved breaks down to 11.2 kWh/day from the exhaust fan motor and 3.1 kWh/day from a reduction in air-conditioning energy. Savings over an eight-month cooling season are projected to be 3208 kWh, or $289. Assuming a service call cost of $50 for turning off the attic fan, the simple

<table>
<thead>
<tr>
<th>Type of Repair</th>
<th>Pre-Repair</th>
<th>Post-Repair</th>
<th>Peak Demand Period (DST)</th>
<th>Peak Demand Reduction (kW)</th>
<th>Percent Reduction</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td># Days</td>
<td>T&lt;sub&gt;out&lt;/sub&gt;</td>
<td>dT</td>
<td>Solar (W/m&lt;sup&gt;2&lt;/sup&gt;)</td>
<td>Peak kW</td>
</tr>
<tr>
<td>Duct repair</td>
<td>10</td>
<td>81.6</td>
<td>5.1</td>
<td>297.5</td>
<td>6.5*</td>
</tr>
<tr>
<td>New AC</td>
<td>6</td>
<td>81.3</td>
<td>4.8</td>
<td>283.9</td>
<td>5.2*</td>
</tr>
<tr>
<td>Attic fan off</td>
<td>5</td>
<td>81.1</td>
<td>4.9</td>
<td>302.1</td>
<td>3.4*</td>
</tr>
<tr>
<td>Average</td>
<td>7</td>
<td>81.4</td>
<td>4.9</td>
<td>294.5</td>
<td>5.0</td>
</tr>
<tr>
<td>Cumulative</td>
<td></td>
<td>3.8</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Peak demand includes AC and attic fan power.
**Cumulative percent reduction calculated as peak demand reduction divided by product repair peak demand multiplied by 100.

TABLE 2

Cooling Energy Peak Demand (kW) Before and After Repair for Periods Indicated [Outdoor Temperature, Solar Radiation, and dT (T<sub>outdoors</sub> − T<sub>indoors</sub>) are 24-Hour Averages]
payback would be after two months. Peak electric demand (including attic fan power of 0.47 kW) was reduced by 21% from 3.4 kW to 2.7 kW.

**Impacts of Disabling Attic Fan on Ventilation, Humidity, and Building Pressure.** Turning off the attic fan produced dramatic impacts upon the office. The large driving force (pressure differential) causing air-conditioned air to be sucked out of the occupied space and hot humid air to be drawn into the occupied space is gone when the fan is off. Table 3 summarizes measured ventilation rates, relative humidity, and building pressures during typical, duct repair, and attic fan-off monitoring periods. The natural air change rate (all mechanical equipment off) is not shown in Table 3 but was measured on a couple of testing days and averaged 0.17 ACH.

Building pressure decreased from −0.064 in. WC (−15.9 Pa) to −0.0024 in. WC (−0.6 Pa). This resulted in a large drop in the ventilation rate and the indoor relative humidity. The 24-hour average relative humidity levels plummeted from 77% to 61%. Relative humidity levels are shown in Figure 4 during a composite 24-hour day consisting of one business week of data. Each hour represents the preceding hour of gathered data. For example, hour 2 represents data gathered beginning at hour 1 and ending at hour 2. Nonbusiness hours from 12 a.m. to 7 a.m. show the humidity drop from an average of 83% when the fan is on to an average of 65% when the fan is off. During business hours from 11 a.m. to 5 p.m., the relative humidity drops from an average of 68% when the fan is on to an average of 55% when the fan is off. The building ventilation rate decreased from 0.79 ACH to 0.33 ACH. Due to diminished ventilation, the peak carbon dioxide concentration increased from an average 614 ppm to 1054 ppm during weekday hours of 8 a.m. to 6 p.m. Figure 5 shows carbon dioxide concentrations during a composite 24-hour day consisting of one business week of data.

Measured ventilation rates and carbon dioxide concentrations indicate that this office needs additional ventilation after duct repair and with the attic fan off to be in accordance with ASHRAE Standard 62 (ASHRAE 1989). Typical occupancy during normal business hours is eight adults. According to ASHRAE Standard 62, the desired amount of ventilation air would be 20 cfm (0.4 L/s) per person, which totals 160 cfm (76 L/s) for eight people. Infiltration testing by means of tracer gas decay indicated a total of only about 58 cfm (2.7 L/s) or just over 7 cfm (3.3 L/s) per person. A suggestion was made to the building manager to contact a qualified air-conditioning and ventilation contractor to increase the ventilation rate, but no changes were desired to be made by the business during the time that monitoring was conducted. It was not desirable to turn on the attic fan because it increased the relative humidity significantly. A discussion of how the ventilation could have been provided follows.

One common solution to increase ventilation is to provide outside air directly into the air-distribution system. In this application, a duct would run from outside to the return plenum.
Filtered outdoor air would then be drawn into the air-distribution system when the air handler was operating. Outdoor airflow of perhaps 160 cfm (71 L/s) would supplement the naturally occurring infiltration in the building. This would provide an overall ventilation rate that approaches the requirements of ASHRAE 62 but should maintain relative humidity below 60% during most business hours. However, it is important to be aware that the overall ventilation would be smaller in the spring and fall because the air handler would run less.

Providing outdoor air into the air-distribution system would increase the ventilation rate and would provide another benefit. It would produce positive pressure in the occupied space. This would push air from the occupied space into the wall cavities, keeping them dry, and push air from the occupied space through the ceiling into the attic, preventing attic air from flowing to the conditioned space.

CONCLUSIONS

Three retrofits were performed on a real estate office (duct repair, air-conditioner change-out, and turning off the attic exhaust fan). Considering all three retrofits together, cooling energy consumption was reduced by 74%, or 74.2 kWh/day, and peak electrical demand was reduced by 59%, or 3.8 kW during the period from 2 p.m. to 5 p.m. Repairing 80% of the duct leakage in this building reduced cooling energy use by 31%, or 30.5 kWh/day, and reduced cooling peak demand by 20%, or 1.3 kW. The savings were substantial because the ducts were located outside the thermal barrier of the building. Change-out of the old 6-SEER air-conditioning system to a 12-SEER unit produced a cooling energy reduction of 43%, or 29.4 kWh/day, and peak demand reduction of 35%, or 1.8 kW. The last retrofit involved turning off the attic exhaust, which reduced cooling energy by 36%, or 14.3 kWh/day, and reduced peak demand by 21%, or 0.7 kW.

With only duct repair completed, the building continued to be depressurized by the attic exhaust fan 24 hours a day. The fan provided a source of pressure differential across the ceiling, and the suspended panel ceiling in this office was not a good air barrier, resulting in airflow from the conditioned space into the attic. The conditioned air sucked out of the office was replaced by hot and humid outside air, causing an increase in indoor humidity and cooling energy costs. The humidity problem was compounded by the fact that the thermostat was set higher after business hours. During nights, the run-time of the cooling system became reduced, causing a decrease in the total amount of moisture that could be removed. Meanwhile, the attic fan continued to pull moisture-laden air into the office building, increasing the relative humidity of the air. During the four-week period after the attic fan was turned off, the 24-hour average relative humidity levels dropped from 77% to 61% and the building ventilation rate (with air handler on) decreased from 0.79 ACH to 0.33 ACH per hour. It appears that additional ventilation is required.

Several interesting findings emerge from studying this building. First, energy waste and high indoor relative humidity can have multiple sources. It took a combination of all three retrofits to achieve the 74% cooling energy savings and to reduce the average indoor relative humidity to below 60%. Second, when investigating problem buildings, it is important to characterize all of the uncontrolled airflow and HVAC problems that may exist. Identifying and fixing only a portion of the problems may not produce satisfactory results. All impacts from retrofits must be considered. Third, it is important to identify the location of air and thermal boundaries of the building. In this case, the roof deck of the vented attic was much more airtight than the suspended t-bar ceiling. As a consequence, the airflow and pressure differentials induced by the attic exhaust fan affected the occupied space almost as much as the attic space. Since the thermal barrier (ceiling insulation) was located at the ceiling, the attic environment was hot. When developing a retrofit plan, the airflows across leaky ceilings induced by duct leakage, closed interior doors, or other sources must be taken into account.

ACKNOWLEDGMENTS

The authors would like to acknowledge the Florida Energy Office as the source of funding of research that made this paper possible. We would like to thank Ed Cobham and other FE.O staff for their support of uncontrolled airflow research.

REFERENCES


Parker, D.S. 1989. Evidence of increased levels of space heat consumption and air leakage associated with forced air heating systems in houses in the Pacific Northwest. *ASHRAE Transactions* 95(2).

