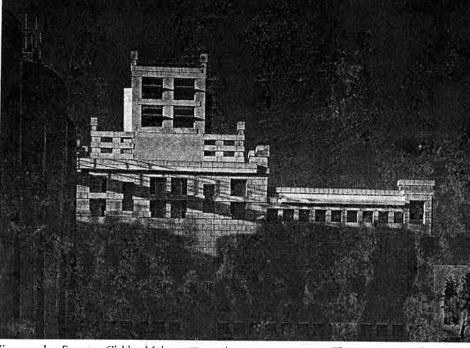
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PASSIVE COOLING

An alternative to air-conditioning

Using a building's form and fabric for cooling is still in its infancy, but the results of a year's monitoring of the Malta Brewery indicate that it is performing as well as the computer models predicted BY BARRIE EVANS



Simmonds Farson Cisk's Malta Brewery is a factory building in which no cooling services system is used despite outdoor summertime temperatures of 35°C and above. A year's monitoring of the building in use shows that it is performing much as predicted, which is good news both for the client and for the designers, Alan Short and Brian Ford - at the time partners in Peake Short & Partners, now constituted as Short Ford & Associates.

Building specifications

The process building at the Malta Brewery is a two-storey factory, near-square in plan, with a 3mwide corridor running like a jacket around the outside of the process hall. At first-floor level, the corridor floors are mostly gantry walkways so that air can flow vertically. Ventilation towers project above roof level to the north and south.

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The Malta Brewery with one of the south ventilation towers in an otherwise largely opaque wall

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The process vessels are highly insulated for temperature control; indeed the fermentation vessels stand outside in the sun. But temperatures within the process hall must be controlled for the few staff and because liquid there stands in less-insulated pipes. The design temperature range is 24-27°C with a maximum of 30°C. Within the corridor (above 30°C), temperatures run more freely - the considerable air movement there is some compensation.

The limestone and Baroque traditions of Malta continue at the brewery: the stone is cheap and skilled craftsmen are available. Outer walls are of limestone: a 230mm inner leaf, 75mm empty cavity then 150mm outer leaf. The inner walls separating the corridor from the process hall rise 2.5m in 230mm concrete block, then are single-glazed above. Floors are reinforced concrete with vitrified tiles.

The 25kN/m² floor capacity for process plant requires a 270mm thick concrete first floor. The stepped roof is 50mm slabs on 50mm dense foam on lightweight screed to falls on 120mm concrete planks. The overall effect is of considerable thermal mass, though there are a significant number of openings in the outer skin and the ventilation towers

Environmental objectives

COOK

PETER

The building form is shaped significantly by four environmental objectives:

• to minimise daytime solar heat gain by preventing direct solar radiation entering the process hall

• to use the thermal capacity of walls, floors and roof to even out diurnal temperature fluctuations (which can be 20°C or more), preserving night-time coolness

• to encourage ventilation at night

to remove heat from walls and roof • to provide good daylight without attendant solar gains, relying on reflected light from the corridor and diffuse northern light through openings. Summer cooling is a combina-

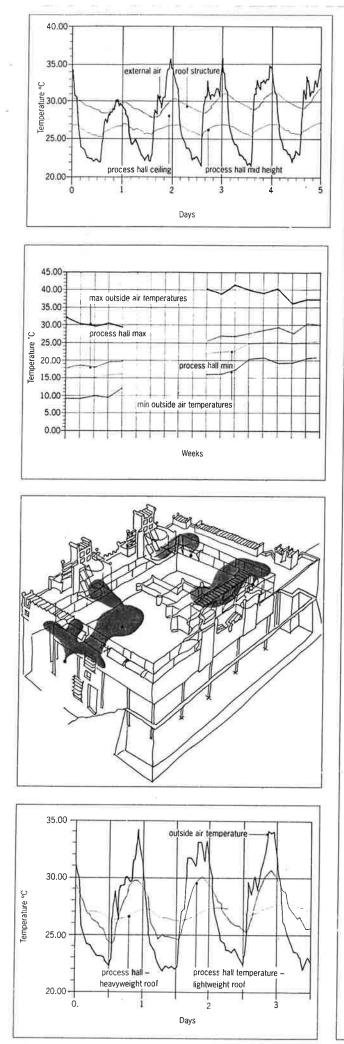
tion of daytime and nighttime operation. In both cases the windows and vents in the towers are permanently open. By day the roof and walls soak up much of the solar heat. Re-radiation from the roof to the interior is limited, and re-radiation of heat from the outer walls into the corridor and heat gain in the towers themselves produces stack-effect air movement. A lag of approximately eight hours is the objective.

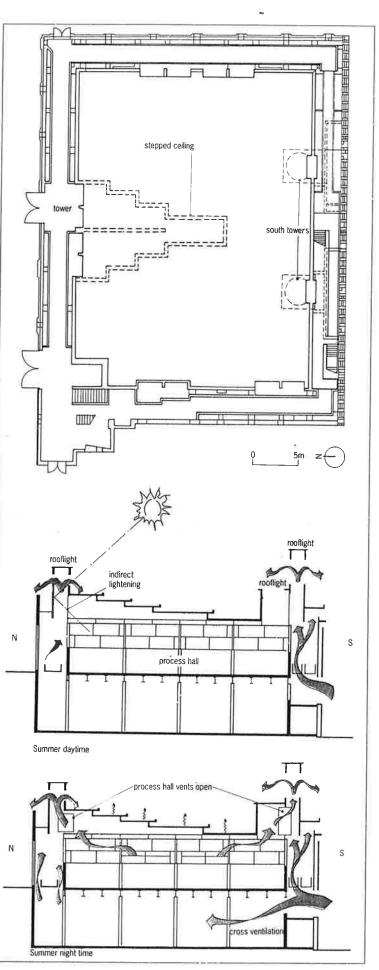
At night, high-level vents are opened in the production space and air is drawn through them into the towers by stack effect, so cooling the production space and its fabric. Smoke tests have confirmed that the stack effect of the corridor provides a driving force entraining air from the production space.

There is considerable stratification of air in the 5.5m-high production space so that ventilating at higher levels is enough. Hot air is encouraged to flow towards the north towers by the local stepped section of the roof. Smoke tests indicate that air flow near the ceiling is somewhat inhibited by downstand beams.

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TECHNICAL

PETER COOK

Improving cooling performance

Monitoring of temperatures over the year and air-movement smoke tests have confirmed that the building is performing as predicted, indicating acceptable, stable internal temperatures while external temperatures fluctuate considerably. However, monitoring in early summer and in the August peak confirmed that there was not enough cooling to prevent longer-term heat build-up. Some options are still available to improve cooling performance:

• during the warmest days the external air is at a higher temperature than that in the corridor, thus counter-productively warming it. Though there are some large permanent openings to the south, the client should try closing corridor ventilation as much as possible in the daytime, including the tower vents

• nighttime stack effect produces a good draught, currently removing 20-30 per cent of daytime heat gain. It could be more effective if the air was ducted direct from the outside to the process hall rather than coming via the warm corridor.

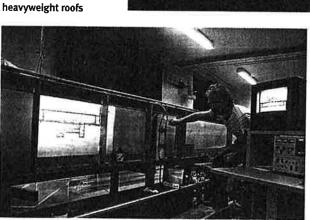
The wind factor

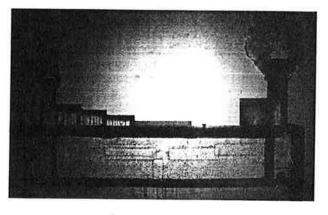
Another area of investigation was the effect of wind on the operation of the towers. Though they have openings on only two sides, these are big enough to receive wind from any direction. They contrast with low-energy schemes that have appeared in the UK recently with towers like scoops with their backs to the prevailing wind. This approach makes limited sense given the variability of wind direction.

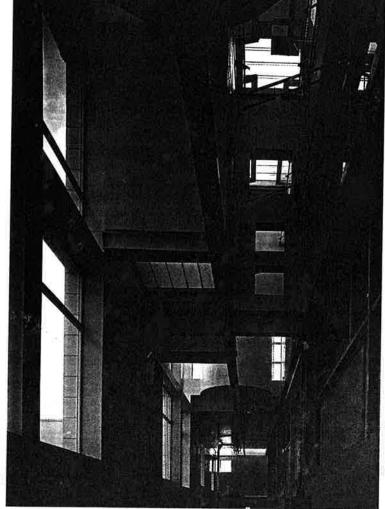
Wind effects must be accepted when using towers to promote stack effect, as air-flow rates and the proportion of air leaving each tower becomes difficult to predict. On the few occasions windspeeds gusted above 5m/s, the air flow went into reverse. With the roof sloping north, when the wind was in the opposite direction, nighttime ventilation was inhibited and pulled the air to the south. Depending on wind speed, it also tended to become static.

Lighting levels, though somewhat different from those predicted using model tests, are acceptable. Light entering the east and west corridor rooflights and the towers and reflected off walls into the process 10 February 1993 Right: corridor/buffer space between outside and process hall. Below: saline bath simulation of movement in the laboratory rig at Cambridge. The density of fluids results in the building being simulated upside down. Bottom: inverted view of the Perspex model under test.

Opposite, fig 1: summer daytime: the process hall closed up. Fig 2: summer nighttime: stack effect used to cool the process hall. Fig 3: plan showing the corridor/buffer space around the process hall. Fig 4: example of temperature stability achieved with heavy structure. Fig 5: two phases of monitoring showing temperature build-up from May to August. Fig 6: example of use of smoke tests to show movement of air to towers. Fig 7: comparing the effects of light and







hall was less intense than predicted, while that from the northern windows was more intense, giving less light than predicted at the centre but still achieving a two per cent daylight factor for an overcast sky.

Using models

Different models serve different purposes – no one can yet offer most of the answers. The designers used FRED (Finite Resistance Energy Determinator), a computer model developed by Nik Baker of Cambridge Architectural Research. It is not the most complex, which makes it easier to use at sketch stage and so ask 'what if?' For example, what is the consequence of using a light rather than a heavyweight roof? FRED is also one of the few computer models addressing both stack and wind effects.

Models generally have some way to go in indicating the precise routes of air movement in complex spaces, in modelling heat transfer between

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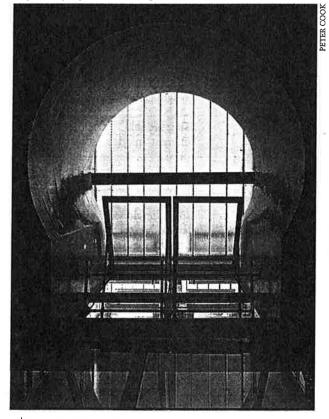
air and adjacent surfaces, and in detailing air movement around obstructions of very different scales. Smoke testing in this building filled some of those gaps.

Another approach which shows how air moves round building elements is a physical rather than computer model, a saline bath being developed by Dr Paul Linden at Cambridge University Department of Applied Mathematics and Theoretical Physics. The designers looked at this only after the design was complete but are using it again for later schemes.

What the future holds

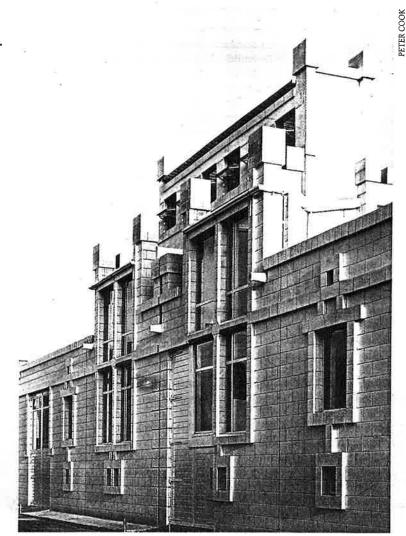
Avoiding air conditioning saves on capital and running costs, reduces output of CO2 and can provide a quality of indoor air via natural ventilation which is often preferred. But rising insulation and air-tightness standards and heat generated by IT equipment combine to make summertime cooling an increasing problem in the UK. When buildings need cooling systems, it is a question of how far we can go in using the form and fabric of the building instead of air conditioning to create acceptable environments?

There is much empirical knowledge, ranging from our experience



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Right: northside tower with more openings for daylight than the south. Below: looking up at the tower



of houses to massive masonry cathedrals. But the engineering of buildings to provide an acceptable environment for occupants, to a price, and thus to keep the liability lawyers at bay, needs to be precise. This requires dependable modelling, especially for passive cooling. If the engineering of a cooling services system is wrong the first time it may be relatively easy to resize a fan or pump or tweak the controls. If the form and fabric of a passively cooled building is wrong, resizing may be impossible, and at best likely to be expensively disruptive to users. Liability is a real issue here.

The knowledge base on passive cooling is growing. Computer modelling is advancing. In AJ 12.8.92 we reported on a recent BRE study of six office buildings whose thermal capacity had been used to limit summertime overheating. Useful rules of thumb emerged, though our not being allowed to identify and describe the buildings (liability again) blurred the message. The Malta Brewery could not be exported wholesale to the UK - we do not have the temperature differences to drive the air flows nor the same sort of cooling loads.

Nevertheless there are ideas that can travel. The growing availability of modelling makes such passive cooling more practical.

The building makes evident the order of magnitude of the features, such as the towers, that are required. And they get bigger if the driving temperature differences are smaller, or air flows need to be slower for human comfort.

Despite our climate there are opportunities to use thermal capacity and induced ventilation to cool buildings. Short Ford & Associates has already started building like this for De Montfort University at Leicester.

If the dreaming spires of Oxford were the university symbols of the past, perhaps the green university of the future will be marked by its dreaming flues. \Box

Timber buildings

BY PATRICK HISLOP

A significant number of recent projects show the growing interest in using timber among architects in the UK, although we still fall behind the continent and North America in the number and scope of notable timber buildings.

UK examples range from buildings that are almost all timber to composites of timber and steel to those with an

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Building Research Establishment, 0923 664664 BRE's Advisory Service includes information on the use of timber.

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- arrangement with RIBA regional CPD organisers
 lectures for universities, professional institutes
- and associations

 seminars on environmental design, European standards, architectural detailing, Building Regulations, specifying timber, etc.

Building Research Establishment Seminars, conferences and road-shows on timberrelated subjects.

INFORMATION SOURCES

TRADA Technology, Stocking Lane, Hughenden Valley, High Wycombe, Buckinghamshire HP14 4ND, 0494 563091

Frequent publications including (prices to nonmembers):

• annual list of British and European standards relevant to timber (£20)

• 'Updata Standards', a monthly updating service on British, EC and ISO standards relating to timber and standards development in progress (£85 per year)

• 'Wood Information Sheets' on specific products and applications (£2)

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increasing proportion of timber components. This growth may be due to the waning of Post-Modernism, where structure and its materials are not expressed, and to an increasing ecological awareness. Timber has a good ecological standing as a renewable resource with low-energy requirements for conversion and the potential for design of energy efficient buildings.

• a wide range of in-depth publications – list available

• 'Panel Products Database' available in print or on specific enquiries by telephone.

Professional Associate Membership of TRADA at £100 per year + VAT for up to 10 staff reduces the cost of publications and consultancy fees and includes the Updata service.

Building Research Establishment, Garston, Watford, Hertfordshire WD2 7JR, 0923 894040 (information sales 0923 664444)

Publications especially on joinery and timber treatment. See:

- 'Defect Action Sheets', series finished
- 'BRE Digests', singly £4.50

The BRE Update package is a monthly mailing of all new Digests, Information Papers and Good Building Guides, plus *BRE News* and the annual Publications Guide (£65 per year)

British Woodworking Federation, 82 New Cavendish Street, London W1M 8AD, 071 580 5588 A variety of publications on joinery.

Forest Forever, c/o The Timber Trade Federation, Clareville House 20-27 Oxendon Street, London SWIY 4EL, 071 839 1891 Current information on the availability of timber from well-managed sources.

American Plywood Association (APA), Southern Pine Marketing Council (SPMC) and Western Wood Products Association (WWPA), Regent Arcade House, 19-25 Argyll Street, London WIV IAA, 071 287 2625 (APA), 071 287 2718 (SPMC and WWPA) Information on US plywoods (APA) and on American woods generally (SPMC and WWPA).

Council of Forest Industries of British Columbia, Tileman House, 131-3 Upper Richmond Road, Putney, London SW15 2TR, 081 788 4446 Publications on Canadian softwood for timber framing, cladding, joinery, etc.

Swedish Finnish Timber Council, 17 Exchange Street, Retford, Nottinghamshire DN22 6BL, 0777 716616 There is justifiable concern about the destruction of tropical and old temperate forests, but considerable progress has been made by the producing countries toward establishing properly managed forests that match long-term environmental benefits with an adequate income for their peoples. Architects need to maintain a balanced view, but the necessary information is gradually becoming available to specifiers so that they can make up their own minds about the suitability and acceptability of any species.

Patrick Hislop is chief architect of TRADA Technology

Information on Scandinavian softwood for timber framing, cladding, joinery, etc.

BUILDINGS TO VISIT

The Burrell Collection, Glasgow (AJ 19.10.83) A composite structure of laminated timber, steel connections and concrete columns. Architect: Barry Gasson Architects.

Fountains Abbey visitors centre (AJ 12.8.29, AR November 92) Steel framing but innovative and extensive timber

cladding, roof deck and windows. Architect: Edward Cullinan Architects.

The Children's Zoo, Whipsnade, Bedfordshire Timber construction throughout. Architect: John S Bonnington Partnership.

Littledown swimming pool, Bournemouth Large covered pool using curved laminated beams and wooden roof deck. Architect: WH Saunders & Son

Sheringham pool, Norfolk, (AJ 7.9.88) All-timber pool building with lattice beam and column construction and plywood external cladding. Architect: Alsop & Lyall.

Visitors centre, West Stow, Suffolk An all-timber pole structure with timber cladding, roofing and decking. Architect: TRADA Architects

Gwalia housing project, Swansea Prize-winning timber framed housing. Architect: PCK Architects.

TRADA HQ building, High Wycombe (AJ 10.11.76) Structural hardwood frame, plywood decks and cladding. Architect: TRADA Architects.

Hooke Park, Beaminster, Dorset, (AJ 20.11.85, AR September 1990)

Experimental catenary and arched structures of green pole forest thinnings.

Engineer: Buro Happold. Architect: ABK.

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Cost summary

Existing building	Total cost	Cost per m ²	Percentage of total	New building	Total cost	Cost per m ²	Percentage of tota
SUBSTRUCTURE	25,616	15.55	2.03	SUBSTRUCTURE	277,208	48.92	4.71
SUPERSTRUCTURE				SUPERSTRUCTURE			
Frame	10,095	6.13	0.80	Frame	108,241	19.10	1.84
Upper floors	5,804	3.52	0.46	Upper floors	140,956	24.88	2.39
Roof	67,120	40.75	5.34	Roof	414,851	73.22	7.05
Stairs	5,248	3.19	0.42	Stairs	61,152	10.79	1.04
External walls	5,500	3.34	0.44	External walls	260,256	45.93	4,42
Windows & external doors	29,684	18.02	2,36	Windows & external doors	296,263	52.29	5.03
Internal walls, partitions	12,333	7.49	0.98	Internal walls, partitions	143,907	25.4	
Internal doors	67,025	40.70	5.34	Internal doors	234,542	25.4 41.39	2.44 3.98
Group element total	202,809	123.14	16.14	Group element total	1,660,175	293	28.19
INTERNAL FINISHES				INTERNAL FINISHES			
Wall finishes	33,430	20.30	2.66	Wall finishes	133,223	23.51	2.26
Floor finishes	42,182	25.61	3.36	Floor finishes	206,962	36.53	3.52
Ceiling finishes	26,647	16.18	2.12	Ceiling finishes	100,933	17.81	1.71
Group element total	102,259	62.09	8.14	Group element total	441.118	77.85	7 49
FITTINGS	48,209	29.27	3.84	FITTINGS	331,830	58.56	5.64
SERVICES				SERVICES			
Sanitary appliances	6,869	4.17	0.54	Sanitary appliances	103,490	18.27	1.76
Disposal installations	5,696	3.49	0.46	Disposal installations	19,597	3.46	0.33
Water installations,				Water installations,		5110	0.55
Space heating/air treatment	254,544	154.54	20.26	Space heating/air treatment	875,682	154.54	14.87
Electrical installations	161,331	97.95	12.84	Electrical installations	555,011	97.94	9.43
BWIC	18,716	11.36	1.49	Lift, conveyor installations	111,431	19.67	1.89
Builder's profit, attendance	28,243	17.14	2,25	BWIC	56,583	9.98	0.96
				Builder's profit, attendance	104,715	18.48	1.79
Group element total	475,399	288.65	37.84	Group element total	1,826,509		
EXTERNAL WORKS					1,020,509	<i>J22,</i> J4	51.02
Site works	66,630	40.46	5.31	EXTERNAL WORKS			
Drainage	37,014	22.47	2.94	Site works	220.210	40.45	
Minor building works	86,451	52.49	6.88	Drainage	229,219 127,337	40.45 22.47	3.89 2.16
Group element total	190,096	115.42	15,13	Group element total			6.05
						02.72	
RELIMINARIES	183,130	111.19	14.57	PRELIMINARIES	858,040	151.44	14.58
ONTINCENCIES							
ONTINGENCIES	28,995	17.60	2.31	CONTINGENCIES	135,850	23.98	2.31
OTAL	1,256,512	762.91	100	TOTAL	5,887,279	1039	100

QUEEN MARY'S HOUSE,

HAMPSTEAD CLIENT/PROJECT MANAGEMENT TheRoyal Free Hampstead NHS Trust DIRECTOR OF PROJECTS Colin Rickard ARCHITECT The Stillman Eastwick-Field Partnership, London PARTNER IN CHARGE Humphrey J Lukyn Williams Jonathan Darke Jonathan Darke DESIGN TEAM Humphrey J Lukyn Williams, Jonathan Darke, Richard Sale, Eva Apollo-Crawshaw, Margaret Beatan Jenny Taylor, Jody Haidar QUANTITY SURVEYOR Drake & Reynolds (Cost planning and cost control to tender stage) QUANTITY SURVEYOR WT Partnership (contract documentation and post STRUCTURAL ENGINEER Alan Conisbee & Associates SERVICES ENGINEER Design Services Partnership CONTRACTOR J Jarvis & Sons in succession to J A Elliot SUBCONTRACTORS AND SUPPLIERS mechanical services C A Burgin Building Services, electrical services, RTT Engineering Services, planting Master Gardeners, intumescent paint Nullifire,

rooflights The Velux Company, suspended metal ceilings Burgess Architectural Products, suspended mineral fibre board ceilings Armstrong World Industries, built-in units Lab Systems Furniture, kitchen fittings Elite Contract Kitchens, staff kitchen equipment Gerard Gamble, sanitary fittings Allia, Armitage Shanks, Arjo Mecanaids, Caradon Twyfords, Carron

elyne, Intrad-PJI Trading, Medic Baths, Parker Bath Developments, steel windows and ironmongery Monk Metal Windows, timber windows ironmongery Comyn Ching, automatic doors Besam, moving wall London Wall Design, ward carpets Interface Flooring Systems, standard carpet Louis De Poortere, vinyl floor Marley Floors, Altro, James Halstead, entrance foyer floor Forbo-Nairn, timber

external cladding panels external cladding panels Eternit, bricks Blockleys, Butterley Brick, roof tiles Marley Roof Tile Co, ridges and finials Red Bank Co, rainwater goods Airdale Engineering Co, concrete block paving Marley Paving Co, road gullies Broxap & Corby, conservatory watering system Gardena (UK)